

THE NAJIM FAMILY FOUNDATION LETTER OF INQUIRY

prepared by
San Antonio Council on Alcohol and Drug Abuse
July 31, 2017

PROJECT TITLE: Project Heart Youth Prevention Program: To support at-risk youth ages 8-17 in Bexar County.

AMOUNT OF FUNDING REQUEST: \$50,000.00

STATEMENT OF ORGANIZATIONS PURPOSE AND HISTORY:

The San Antonio Council on Alcohol and Drug Abuse (SACADA) was founded in 1957 by a small group of influential citizens whose lives had been affected by the disease of alcoholism. SACADA has been a leader in providing substance use **prevention to youth**. Other services include education, intervention, assessments and training services to families in the Bexar county community. The mission of SACADA is “Empowering our community to live healthy lives; by providing prevention, intervention, and recovery services for children and adults.” We served 60,000 youth and adults in 2016, **75% were children, of which 80% met poverty guidelines**. SACADA worked with over 45 schools and 15 school districts in fiscal year 2016-2017.

PROJECT DESCRIPITON:

According to the Texas Department of State Health Services, San Antonio’s average age for first use of alcohol, tobacco, and/or marijuana is 11.5 years old. Research shows that 90% of addictions begin in the teenage years. Youth who begin to experiment with substances before the age of 15 are four times more likely to become addicted. Project Heart Youth Programs helps at-risk youth, ages 8-17, develop and enhance protective factors that help youth make better decisions that lead to a healthier life and community. The Project Heart Youth Prevention Programs help delay the age of first use of drugs or alcohol by using multiple evidence-based (EB) curricula. The Project Heart Youth Program goals are to increase self-esteem, increase communication skills, teach children how to manage stress, encourage healthy decision-making and give children the skills to achieve their dreams and goals. The program takes place in school and after school settings. Subsections of the youth that we work with are at risk for dropping out, using drugs or alcohol, joining a gang or becoming a teen parent. The majority of youth we work with are economically disadvantaged, may have been in foster care, and/or have a parent that is incarcerated. During the 2016-2017 school year, 5,108 youth received curricula, 12,882 youth participated in alternative activities, and over 18,985 youth attended prevention presentations about alcohol, tobacco, and other drugs.

The immense need for the Project Heart Youth Prevention Programs creates a waiting list. Therefore, we are asking the Harvey E. Najim Family Foundation to help SACADAs youth programs go uninterrupted.

PREVIOUS FUNDING:

- On October 12, 2016, SACADA was awarded \$50,000 to support the Project Heart Youth Prevention Program for at-risk children ages 8-13. This funding helped to serve 5,108 youth by providing evidence-based substance abuse prevention curriculum.
- On October 21, 2015, SACADA received \$50,000 to support the Project Heart Youth Prevention Program for at-risk children ages 8-13. This funding helped to serve 4,702 youth by providing evidence-based substance abuse prevention curriculum.
- On July 12, 2013, SACADA received \$50,000 for the Project Heart Youth Prevention Program for at-risk children ages 8-13. This funding helped serve 1,953 youth by providing evidence-based curriculum.
- On October 31, 2008, SACADA received \$50,000 for the Project Heart Youth Prevention Program for at-risk children ages 8-13. This funding helped serve 1,736 youth, and provided direct curriculum services to over 250 youth. The outcomes included a 94% increase in classroom behavior, grades, improvement on decision making skills and an increase of self-worth.

RELATION TO HARVEY E. NAJIM FAMILY FOUNDATION:

A child's success in their education is directly linked to positive outcomes in their life. All of SACADA's youth programs provide support for youth that are at-risk for dropping out, using drugs, teenage pregnancy, violence and other destructive behaviors. The youth programs intervene in elementary, middle and high school and works with youth that are most at-risk. They learn skills that will help them be successful in academics, build lifelong healthy friendships, and be successful in their community.

LINE-ITEM BUDGET:

Line Item description	Total Project Funds Allocation	Najim requested funds allocation
Salary and Fringe	\$ 851,130	
Travel	29,254	
Supplies	52,681	25,000
Professional Fees	11,350	
Indirect Cost	181,257	
Other	165,374	25,000
Total	1,291,316	50,000

CHILDREN IMPACTED: The total project initiative will impact 37,000 - unduplicated children.

ORGANIZATIONAL TOTAL REVENURE AND EXPENSES FOR 2016:

FY 2017 SACADA Revenue - \$2,859,626

FY 2017 SACADA Expenses - \$2,834,638

PROJECT TIMELINE:

The project will begin September 1, 2017 and conclude on August 31, 2018.

PROJECT EVALUATION CRITERIA:

The project is evaluated through pre and post surveys, teacher and parent questionnaires. The outcomes will measure improvement in the areas of classroom behavior, decision making skills, self-worth, attitudes and a sense of purpose for their future.

LIST OF OTHER FUNDERS (PENDING AND COMMITTED):

NAME	AMOUNT REQUESTED	COMMITTED	PENDING
United Way	\$160,376	X	
Texas Department of State Health Services	\$1,052,810	X	
Behmann Brothers	\$10,000		X
Wilton P. & Effie Mae Hebert Foundation	\$10,000		X
The Greehey Foundation	\$25,000		X
Jack H. & Wm. Light Charitable Trust	\$10,000		X
Sundt Foundation	\$10,000		X
Texas Cavaliers Charitable Foundation	\$10,000	X	

CONTACT INFORMATION:

PRIMARY CONTACT	SECONDARY CONTACT
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ATTACHED DOCUMENTATION:

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