



**Project Title:** To provide mental health treatment for children whose families cannot afford to pay for care.

**Amount of funding request:** \$75,000

**Brief statement of the organization’s purpose and history:**

Clarity CGC’s legacy dates back to 1886 when thirteen caring and industrious women founded an orphanage for children who had been left behind by society. Over the years, the children who lived in the orphanage their entire childhood years were those experiencing mental, emotional, and behavioral disorders. Today, Clarity CGC, the *only* nonprofit in South Texas providing a continuum of mental health care for children ages 3-17. Services include acute inpatient care, day treatment services, outpatient care, and 24-hour emergency services in the Crisis Assessment Center. Clarity CGC is a United Way agency and Joint Commission accredited.

**Project description:**

Funding would provide mental health treatment to children ages 3-17 in the acute care program whose families cannot afford treatment. The acute care program is comprised of two levels of care: inpatient hospitalization and day treatment. Inpatient hospitalization provides a child at risk of immediate harm to self or others with intensive services including 24-hour care. The goal of this program is to stabilize the patient and bring them to an appropriate level of safety and self-control. Once stabilized, the child will progress along the continuum of care by stepping down to day treatment services available Monday through Friday 8a.m. to 3p.m. This comprehensive program allows the family and child to adjust to new coping and communication tools to help them deal with the pressures and challenges of everyday life. Best of all, the child can go home and have dinner with their families and sleep in their own beds, truly allowing the patient and caregiver the time to practice new skills and techniques. While Day treatment is a great bridge from hospitalization, it can also be deterrent from hospitalization. For example, if a child is taking medication, has a growth spurt where medication needs to be adjusted, the change can be made under supervision of a medical team in a more appropriate and comfortable surroundings. Children in the acute care program participate in Therapeutic Recreation, called Play with Purpose™, which includes art, music, and physical activity to encourage social interaction and increase self-esteem. Our partnership with Northside Independent School District allows children in our acute care program to attend school on campus so they do not fall behind once they return to their home school.

While there are only four child psychologists per every 100,000 kids in Texas, Clarity CGC has 11 child psychiatrists, 9 psychologists, 16 therapists and a dedicated team of nurses and caseworkers, to provide care and treatment to children and adolescents in the acute care program. To provide the best care, a ratio of at one staff member per three kids is ensured. That ratio does not include RNs and LVNs on staff. Children under the age of six receive one-on-one care, as does any child of any age who needs that level of care.

**Brief statement of any previous funding received from The Harvey E. Najim Family Foundation:**

Most recent funding received includes:

2016 – \$60,000 to support mental health services to children of low-income families.

2015 – \$60,000 to support mental health services to children of low-income families; \$10,000 Fund the Need/Clarity CGC Gala; \$10,000 Alamo Area Teen Suicide Prevention Coalition (Clarity CGC is the fiscal agent).

2014 – \$25,000 to support acute inpatient care services; \$10,000 Fund the Need/ Clarity CGC Gala

**How the proposed project relates to The Harvey E. Najim Family Foundation’s funding priorities:**

The acute care program at Clarity CGC relates to The Harvey E. Najim Family Foundation’s funding priorities of “*providing children with food and shelter, clothing, children’s education, the medical treatment of children, and other children’s charitable purposes in the Greater San Antonio area.*”

More than 80% of our kids live at or below the Federal Poverty Level and roughly 20% of our kids come to us with only the clothes on their backs after being removed from a home. Clarity CGC not only provides medical care but clothing, hygiene supplies and other necessities. Additionally, the Care Coordination team works with every child and family discharged to help them understand the importance of continuing treatment plans. This includes the addition of a food pantry on campus as part of the San Antonio Food Bank and leveraging relationships through the United Way network to create warm hand-offs to other agencies which can help families continue to maintain successful habits and coping skills.

**Line-item budget for project in which funds are being requested (this is not your organization’s budget):**

DESCRIPTION	PROJECT FUNDS ALLOCATION	NAJIM REQUESTED FUNDS ALLOCATION
Direct Care Salaries	12,826,798	\$75,000
Employee Benefits	2,215,055	
Contracted Expenses	1,347,581	
Purchased Services	426,865	
Occupancy	874,550	
Equipment And Repairs	187,294	
Supplies	1,691,700	
Bad Debts	502,075	
Insurance	219,266	
Advertising & Promotion	264,065	
Dues And Subscriptions	21,622	
License & Registration	28,045	
Postage And Shipping	16,497	
Professional Fees	280,039	
Travel	52,241	
Interest Expense	615,912	
Depreciation & Amortization	1,755,663	
Miscellaneous Expense	29,143	
<b>TOTAL EXPENSES</b>	<b>23,354,411</b>	<b>75,000</b>

**Children impacted:** The total project will impact 1,900 unduplicated children. Funding will provide 80 days of inpatient care. Families with poor insurance or little to no insurance coverage are left with limited options to getting care for their child. Support from the Harvey Najim Family Foundation would allow children and families access to treatment regardless of their ability to pay. The most vulnerable families in our community rely on Clarity CGC to care for their children.

**Organizational Revenue and Expenses for current fiscal year:**

Period ending June 30, 2018: Revenue—\$24,296,441 and Expenses—\$27,144,785

**Project Timeline:** November 2017 –October 2018

**Brief Evaluation Criteria:** Clarity CGC tracks results through the Children's Global Assessment Scale (C-GAS), which monitors the effectiveness of the hospital program. Treatment results for mental illness are highly successful--there is hope! In fact, nine out of 10 parents with a child treated at Clarity CGC reported an improvement.

Clarity CGC would like to share some of the feedback gathered from parents/caregivers in 2016-17: “Best care for adolescents in San Antonio. Wonderful facility.” “This place has been the best thing to happen to us so I hope it continues in the same direction with respect and courtesy. Thank you!”

**List other project funders:**

**Committed:** \$672,280- John L. Santikos Family Foundation (capital) ; \$400,000- Methodist Healthcare Ministries; \$172,200- Kronkosky Charitable Foundation (capital); \$40,000-Carl C. Anderson Sr. & Marie Jo Anderson Foundation; \$50,000-San Antonio Area Foundation; \$60,000-Frost Bank;

**Pending:** \$1.0M- United Way of SA and Bexar Co.; \$100,000 Bexar County General Fund; \$75,000 -SWBC Foundation; \$50,000- American Legion Child Welfare Foundation; \$25,000- Fluor Foundation; \$15,000- Cathay Bank Foundation; \$60,000- Valero Texas Open.

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