

FUNDING APPLICATION

GENERAL INFORMATION			
Organization Information			
Legal Name: Alpha Home	Federal Tax ID#: 74-1668144	501(c)(3) Public Charity 509 (a)(1)	
Address: PO Box 15440	City: San Antonio	State: Texas	Zip Code: 78212
Website: www.alphahome.org	Fax: (210) 785-3000	United Way Funded: Yes	
Head Of Organization			
Name: Angela White		Title: Chief Executive Officer	
E-Mail Address: awhite@alphahome.org		Phone: (210) 785-3007	
Application Contact			
Name: Megan Butler	Title: Development and Marketing Director	E-Mail Address: donate@alphahome.org	Phone: (210) 785-3007
Previous Najim Funding			
Year	Funding \$		
2014	\$10,000		
2017	\$10,000		
2018	\$20,000		
Total	\$40,000		
Has the organization applied to the Najim Family Foundation in the past and been declined?			
Yes 2009			
Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:	
\$40,000	\$3,987,778	\$3,987,778	
Mission Statement:			
The mission of Alpha Home is to offer a pathway of help, hope and healing through spiritually based drug and alcohol treatment and support.			
PROJECT INFORMATION			
Program / Project Title:			
To support the Parenting Program with the partial salary of one Parenting Specialist and to support our Residential and Outpatient Substance Use Programs.			
PROJECT TIMELINE			
Start Date		End Date	
09/01/2019		08/31/2020	

Harvey E. Najim Family Foundation Priorities:

Child Abuse & Child Neglect

Program / Project Description:

Our Residential Treatment Program provides women with intensive and expansive therapeutic drug rehabilitation and alcohol addiction treatment in a home-like setting that prepares them to remain clean and sober while embracing the benefits of a lifelong 12-step commitment. Upon arriving at Alpha Home, residential clients engage in a personalized assessment with their counselor to determine an appropriate treatment plan. Clients are expected to attend weekly support group meetings, such as AA, to further build their support network. Clients also attend family education and parenting groups weekly. Alpha Home occupies two facilities with a total of 47 beds where women in the program live while they seek treatment. Both facilities are centrally located near downtown San Antonio and provide residents with a shared room to stay in. Residential clients also engage in job readiness preparation, familiarize themselves with community employment resources and are required to work or volunteer in the community while in supportive treatment.

Alpha Home's Outpatient Treatment Program is offered to men and women who are seeking treatment but have the skills and support to recover without residential care. This four to six-month program offers gender specific programs, evidence-based curriculums and trauma informed care. Clients in the outpatient program meet with their counselor within the first five days of scheduled programming to discuss goals and to develop a treatment plan. Clients are provided with a basic schedule that includes a minimum of three hours a week of education, three hours a week of group counseling and individual counseling every other week. Other activities may be recommended, such as parenting classes and family education classes, as needed.

Alpha Home's Parenting Specialist and Parenting Program helps to improve the lives of children through the reduction of child abuse and child neglect caused by addiction. Child abuse and child neglect represent a pattern of parental behavior that can lead to a child's poor self-image, own substance use disorder, destructive behavior and even suicide. A relationship between parental addiction and child abuse has also been documented in a large proportion of child abuse and neglect cases. Parents who have substance use disorder are more likely to be involved in domestic violence and/or child abuse cases. In fact, the economic impact of substance use disorder in Bexar County alone is estimated to be more than \$1.7 billion annually. One woman in treatment at Alpha Home can save tax payers more than \$200,000. Savings include the cost of placing children in foster care (\$40,000), incarceration instead of treatment (\$146,000), emergency room visits (\$1,300 per visit) and lost productivity in the workplace (\$13,000). This cycle is often repeated unless intervention and proper education and recovery tools are taught.

Alpha Home's Parenting Program is part of our Residential Substance Use Disorder Treatment program and also includes direct services to the children of the women in the program. On average, 50% of Alpha Home's clients have had interactions with Child Protective Services (CPS) however, our grant funded Parenting Specialist also works with parenting clients that are not involved with CPS to provide them with additional family parenting education and support. The Parenting Specialist is also responsible for conducting assessments and educational workshops in order to help clients learn and gain necessary parenting skills and to work with the children to provide them with the support they need while their mothers are in recovery. We also provide clients with education and intervention through our Family First Pregnant and Postpartum Intervention program, which includes the Parenting Awareness and Drug Risk Education (PADRE) program and our Neonatal Abstinence Syndrome (NAS) program. The goal of these programs is to reduce the number of children and families whose lives are affected by alcohol and other drugs. We will also continue using the "Incredible Years" curriculum, which provides outcome tools to measure impact and results. The "Incredible Years" is a series of interlocking, evidence-based programs for parents, children and teachers and is supported by more than thirty years of research. The goal of the curriculum is to prevent and treat children's behavioral problems and to promote their social, emotional, and academic competence.

The Parenting Program can serve up to 47 women at any given time that are enrolled in our gender specific Residential Substance Use Disorder Treatment program. In fiscal year 2017-2018, Alpha Home served a total 330 women in the residential program and impacted over 750 children. During the same time period, 90% of our clients made below \$10,000 annually. Ethnically, 44% of our clients were Caucasian, 9% African-American and 41% were Hispanic. 60% of our clients were between the ages of 21-44. Our clients come from all areas of Bexar and surrounding counties with the most prevalent zip codes being 78207, 78212, 78216, 78227 and 78228. Our clients also have histories of abuse, medical and emotional problems and homelessness. 95% of the individuals receiving treatment at Alpha Home have experienced some type of trauma in their life such as abandonment, domestic violence or sexual abuse. 88% of our clients also have underlying mental illness.

Evaluation Plan:

We will evaluate the success of the Parenting Program with the following measures: 1) The number of mothers who successfully complete the program; 2) The number of mothers who report better relationships with their children and a strong support system and 3) The number of mothers who report a change in their parenting confidence, knowledge and skill level. We will evaluate the success of the Residential and Outpatient Substance Use Treatment programs by reaching 70% or better on the following outcomes: 1) Individuals will stop using drugs and alcohol; 2) Clients will demonstrate an increased ability to build and maintain healthy relationships and 3) Clients will establish connections within the community that supports ongoing stability and long-term recovery. Both programs will use client monitoring and interviews, drug testing and compliance with state and federal treatment guidelines to track progress towards the stated outcomes.

Plans to sustain project beyond the term of this request:

Alpha Home continues to seek designated grant funding to support all of our programs. We also seek support from individuals, corporations, governmental sources and the net proceeds of our "Doorways of Hope" luncheon. If funding is not available the Parenting Program will be supported through our general operating funds and the Parenting Specialists hours will be reduced to part-time employment.

Children Impacted:

How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?	How many unduplicated children will NFF REQUESTED FUNDS impact?
750	750

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	31%	African American	9%
Children (6-13)	48%	Asian American	0%
Young Adults (14-18)	21%	Caucasian	44%
TOTAL:	100%	Hispanic/Latino	41%
		Native American	0%
		Other and Define	6%
		TOTAL:	100%

City Council District for Which Children are Being Served:

District1, District2, District3, District4, District5, District6, District7, District8, District9, District10

Line item Budget:

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Parenting Specialist Salary (FT)	\$34,320	\$20,000

Residential/Outpatient	\$3,953,458	\$20,000
TOTAL:	\$3,987,778	\$40,000

OTHER FUNDING RESOURCES

For Project being Requested: Funding sources and amounts, pending and committed.

PROJECT - PENDING

Funder Name	Amount Requested
None provided	\$0
TOTAL:	\$0

PROJECT - COMMITTED

Funder Name	Amount Requested
Ben and Rachael Vaughan Foundation	\$2,000
Christ Episcopal Church	\$2,000
TOTAL:	\$4,000

Other funding sources and amounts, pending and committed not specific to this request.

ALL OTHER ORGANIZATION REQUESTS - PENDING

Funder Name	Amount Requested
Ed Rachel Foundation	\$10,000
Koehler Foundation	\$10,000
Dalkowitz Foundation	\$10,000
Sacks Foundaiton	\$10,000
Cowden Charitable Foundation	\$10,000
Grande Cares	\$2,500
Alfred S. Gage Foundation	\$10,000
Dreyfus Foundation	\$10,000
Bexar County General Fund	\$100,000
Kronkosky Charitable Foundation	\$75,000
Union Pacific Foundation	\$10,000
Baptist Health Foundation	\$100,000
Bank of America	\$200,000
TOTAL:	\$557,500

ALL OTHER ORGANIZATION REQUESTS - COMMITTED

Funder Name	Amount Requested
Mays Family Foundation	\$10,000
Valero Energy Foundation	\$100,000
Women of St. Luke's	\$4,000
Shield Ayres Foundation	\$10,000
Myra Stafford Pryor Charitable Trust	\$20,000
Greehey Family Foundation	\$50,000
Elizabeth Huth Coates	\$10,000

St. Luke's Lutheran Health Ministries	\$10,000
TOTAL:	\$214,000
BOARD OF DIRECTORS	
What percentage of your board contributes financially to the organization?	
100%	
If Board giving is not at 100%, please explain why?	
NA	
How are board members expected to participate in your organization?	
<p>Per our bylaws, Alpha Home can have up to 21 board members. Terms are for three years and a member may serve two consecutive terms. Five of the board members must be members of Trinity Baptist Church, including the pastor or a designated representative. Board members serve on one of the following standing committees: Executive, Finance & Audit, Development and Marketing, Facilities, Program Evaluation and Oversight and Board Development. All committees meet as needed, with the exception of the Finance and Audit committee, which meets monthly. Expectations of each board member includes: 1) regular attendance at monthly meetings; 2) committee participation; 3) personal financial support at a level that is meaningful to the board member and 4) participate in the organizations fundraising activities. In addition, members must advocate for Alpha Home and substance abuse and abide by and sign a code of ethics.</p>	
LIST OF BOARD DIRECTORS	
Name & Office Held	Corporate Affiliation
Linda Ellison (Board Chair)	Community Volunteer
David Waddell (Immediate Past Board Chair)	Community Volunteer
Sandy Klein (Board Vice-Chair)	Community Volunteer
Andrea Schaper (Board Secretary)	Glaxo Smith Klein
Elizabeth Gostkowski (Treasurer)	South Texas Money Management
Dr. Rebecca Bonugli	University of Texas Health Science Center
Joel Bowlin	WTG Fuels, Inc.
Lester Bryant	Financial Services Professional
Mary Duane Dawson	Community Volunteer
Gwynn Deaver	Firstmark Credit Union
Rev. Leslie Hollon	Trinity Baptist Church
Kathryn Parker Howie	Community Volunteer
John Skaggs	Imagery Graphic Systems, Inc.
Francine Wilson	Dreams Do Come True
Gaye Litton	San Antonio Lighthouse for the Blind
Julie Perez	Alamo Group, Inc.
Lorina Rummel	Assistant DA - Bexar County
Signature	
Angela White, CEO	