FUNDING APPLICATION

GENERAL INFO	RMATIC	DN				
Organization Inform	ation					
Legal Name:		Federal Tax ID	Federal Tax ID#:		501(c)(3) Public Charity	
Comal County Family Shelter, Inc.	Violence	74-2440649		509 (a)((1)	
Address:	City:		State:	,	Zip Code:	
PO Box 310344	New E	Braunfels	TX		78131	
Website:	·	Fax:	·	United	Way Funded:	
www.crisiscenternb.or	g	(830) 620-7520		Yes		
Fiscal Year:		•		<u>'</u>		
September 01 to Augu	st 31					
Head Of Organizatio	n					
Name:			Title:	Title:		
Stacy Hill			Executive Direc	Executive Director		
E-Mail Address:		Phone:	Phone:			
shill@crisiscenternb.org		(830) 620-7520				
Application Contact						
Name:	Title:		E-Mail Addres	ss:	Phone:	
Stacy Hill	Execu	tive Director	shill@crisiscen	ternb.org	(830) 620-7520	
Previous Najim Fund	ling					
Year			Funding \$			
2013		\$7,727				
2014			\$19,481			
2016			\$25,000			
2017			\$30,000			
2018			\$30,000			
2019			\$35,000			
Total		\$147,208				
Has the organization	applied to	the Najim Family	Foundation in t	he past an	d been declined?	
No						
Grant Amount Requ	ested \$:	Total Project B	Budget \$:	Organi	zation's Annual budget \$:	
\$40,000		\$170,000		\$1,695,	\$1,695,158	
Mission Statement:		1				
To provide crisis and p	revention s	ervices to victims	of domestic violer	nce and sex	cual assault.	

PROJECT INFORMATION

Program / Project Title:

To support the continuation of our "Prevention Program" which assists parents and children in preventing future violence with parental support groups, parental education, youth shelter and community groups, on-site prevention lessons, and mentorship.

PROJECT TIMELINE	
Start Date	End Date
09/01/2020	08/31/2021

Harvey E. Najim Family Foundation Priorities:

Child Abuse & Child Neglect

Program / Project Description:

While our goal is to continue cultivating healthier childhoods for youth in vulnerable families, it has evolved to include maintaining safety and wellness for our clients, staff, and region during the Covid-19 pandemic. However, we still aim to provide holistic care and recovery for our clients by assisting parents through support groups, educational arrangements, and activities, which help parents to better support, engage, nurture, and sustain healthy children. In order to achieve our goal, we believe that we must work within family dynamics to prevent future violence, allowing us the opportunity to prevent dating violence and future forms of domestic violence, abuse, and neglect.

- 1. Maintain and continue to enhance parental support groups within the shelter and community. Covid-19 has brought in more clients seeking shelter with the increasing number of domestic violence cases (a 20% increase nationally), in large part due to quarantine and spousal financial crises. With this, we aim to work directly with parents in order to create a group psycho-educational style parenting program. Our hope is that parents will find support in the community of their peers, become more confident in their ability to share information, and serve as a reminder that there are others who understand and may have the insight and ability to assuage some of their fears. In addition, we plan on continuing to incorporate parenting practices related to positive discipline, redirecting behaviors, healthy communication patterns, social-emotional exploration, etc. in an environment that is educational, supportive, and engaging. Further, we are working to ensure staffed double-coverage for the children of our parental clients, as well as providing them a space containing all the tools and technology necessary so they may pursue r?sum? building, education, and/or employment search.
- 2. Maintain and continue to enhance youth shelter and community school groups. The groups will be psycho-educational and focus on topics related to healthy relationships, body safety, internet safety, consent, teen dating violence, etc. We have created a supportive community that builds on shared experiences and generates support and understanding that can extend beyond the shelter stay. These groups provide a foundational understanding of the dynamics of a healthy relationship and provide youth with the skills and confidence necessary to eliminate relationships laden with harmful behaviors and red flags.

- 3. Maintain and enhance our prevention curriculum. Beyond individual therapy sessions, we aim to enhance the role of our prevention specialist by continuing to expand options for youth in our shelter with a concrete exploration of self-care modalities such as meditation, journaling, and personal growth activities. As we currently have a Memoranda of Understanding with New Braunfels ISD, we teach our elementary curriculum "Healthy Connections" to 3rd-5th grade students, and our middle and high-school curriculum "Healthy Relationships" to 6th-12th grade students. Although most services will be provided virtually now, we are also providing services to Karnes City ISD for K-12th grade students which will include both lessons. To reach all students, the lessons will be provided through the core classes. From these lessons, we will create focus groups for 6th-12th grade based on how many students would like a more in-depth curriculum. This focus group will last for 6-8 weeks, with one lesson per week. In addition, the Crisis Center will bring in a licensed therapist onto the school campus who is trained in an array of therapeutic modalities. Further, through our new on-site homeschooling program, we teach our prevention curriculum, as well as provide youth clients with an opportunity to connect with other non-client youth to alleviate some of the stigma and shame associated with their experiences. In addition to these services, we now offer accommodations for online schooling for middle and high-school aged clients through the Comal ISD distance learning program.
- 4. Maintain and expand efforts to provide individual, solution-focused therapy sessions with youth. We have created a structure for youth to safely explore feelings related to their experience, as well as to learn to regulate emotions, especially since a large majority of their emotional experiences and reflections are tied directly to their witness to family violence and intercession on a parent's behalf. Our staff aims to demonstrate to youth clients the importance of expression and the benefits of healthy relationship dynamics. We provide individual sessions that focus on client-identified priorities and aim to incorporate effective, practical skills related to anger management, safe communication, and more, to focus on solutions and improvements so they may move beyond previously modeled behaviors in order to maintain healthy relationships (familial, platonic, and romantic), recognize red-flags and unhealthy and harmful behaviors, and to prevent cyclical patterns of abuse in all forms, we are including focused therapy regarding the specific effects of Covid-19 on family dynamics in terms of financial crises and abuse, increased domestic violence, increased isolation by abusers, etc. For our younger clients, individual sessions and support are in the form of children's play therapy for both witness to violence, and experience of personal violence, including physical, emotional, verbal, and sexual abuse. We currently have contract counselors on staff that make weekly appointments to support children on their journey to heal, and in efforts to reduce the risk of spreading disease, as well as provide accommodations for our more vulnerable clients, we have extended our counseling services to include tele-counseling. With increased funds, we will be able to provide a greater number of service hours in children's counseling and make a greater impact on this vulnerable population.

Evaluation Plan:

We use a combination of qualitative and quantitative measures to improve programming and assess our level of impact. In addition to implementing a quarantine period upon arrival, we utilize a "pre-post" evaluation form at screening and exit for services. The evaluation will rank comfortability in accessing services throughout the community, the ability to recognize red flags, and marking harmful behaviors. Additionally, it will provide clients with the opportunity to share any shifting views in relationships, healthy dynamics, and any skills learned (communication, anger management, expression, etc). We hope to see a positive increase in the survey score. We will look to the open-ended description of shifted views and reflection on skills and information learned as our qualitative reflection on the effectiveness of our programming. At the close of a series, we aim to gain critical feedback in order to adjust and manipulate our programming.

Plans to sustain project beyond the term of this request:

Our relationships within the community have allowed for successful partnering with other nonprofits to generate a strong system of support available to survivors. Our connection to communities in schools, St. Jude's Ranch for Children, and the Comal County Children's Advocacy Center enhance our connections to vulnerable populations, as many of the youth served by these organizations are in situations and relationships that relate to the intersecting services provided. We have seen that increased community support and awareness of the surrounding community have been outstanding resources, showing increased support through financial and service donations. We are working to create a community that is free of victim-blaming/shaming and supports survivors whole-heartedly. We hope that with our continued effort to make an impact in the lives of children, we are positioning a stronger and more educated generation that is able to effectively support, intervene, and address issues of violence, abuse, and assault.

Children Impacted:

- 1	How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?	How many unduplicated children will NFF REQUESTED FUNDS impact?
	2,825	876

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

A. Populati	on Served Age	B. Population S	Served Ethnicity
Infants (0-5)	31%	African American	7%
Children (6-13)	39%	Asian American	0%
Young Adults (14-18)	30%	Caucasian	38%
TOTAL:	100%	Hispanic/Latino	47%
		Native American	1%
		Other and Define	7%
		TOTAL:	100%

City Council District for Which Children are Being Served:

Outside San Antonio

Counties applicant is in:

Comal, Guadalupe

Line item Budget:

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Prevention Specialist	\$32,400	\$0
Children's Aids	\$28,446	\$15,199
Supplies/Field trips	\$5,000	\$5,000
Travel/Conf	\$1,200	\$0
Advertising/Equipment/Communic ation	\$1,740	\$0
Rent/Utilities/Ins.	\$1,600	\$0
Training Supplies	\$7,407	\$0
Counselors	\$51,000	\$19,801
Case Manager	\$14,250	\$0
Digital Prevention Specialist	\$26,957	\$0
TOTAL:	\$170,000	\$40,000

OTHER FUNDING RESOURCE	CES	
For Project being Requested: Fundir	ng sources and amounts, pending and committed.	
PROJECT - PENDING		
Funder Name	Amount Requested	
SAPCS-Block	\$18,000	
SANE VOCA	\$31,750	
TOTAL:	\$49,750	
PROJECT - COMMITTED		
Funder Name	Amount Requested	
United Way	\$24,000	
VOCA	\$34,540	
SAPCS	\$21,560	
	\$0	
TOTAL:	\$80,100	
Other funding sources and amounts,	pending and committed not specific to this request.	
ALL OTHER ORGANIZATION RE	EQUESTS - PENDING	
Funder Name	Amount Requested	
Karnes ISD	\$60,000	
SANE VOCA	\$95,624	
McKenna Foundation	\$75,000	
CDBG	\$36,000	
CDBG - COVID PPE	\$10,000	
TOTAL:	\$276,624	
ALL OTHER ORGANIZATION RE	EQUESTS - COMMITTED	
Funder Name	Amount Requested	
HHSC	\$261,562	
OVAG & SAPCS	\$130,973	
VOCA	\$405,434	
United Way	\$10,000	
SAPCS- Block	\$11,130	
Kronkosky	\$20,039	
NB Women Go	\$9,000	
Sex Risk Avoidance	\$153,000	
TOTAL:	\$1,001,138	
BOARD OF DIRECTORS		
What percentage of your board cont	ributes financially to the organization?	
100%		
If Board giving is not at 100%, pleas	e explain why?	

How are board members expected to participate in your organization?

Our meetings are held every other month with lunch and learns on the off months. Members are expected to attend all meetings, events, proclamations (October Vigil, February - teen dating violence, April-sexual assault), host a "giving" event where friends and family donate gift cards for our clients' needs.

LIST OF BOARD DIRECTORS		
Name & Office Held	Corporate Affiliation	
Dawn Loding, Board Chair	EXP Realty	
James Heinbaugh, Treasurer	Tax Attorney, Heinbaugh Law	
Trish White, Vice President	River City Catering	
Jeffrey Chafin	Chafin Builders	
Russel Gribble	Broadway Bank	
Jessica Fender - Secretary	Best Version Media	
Brandi Ingram	Ingram Ready Mix	
Lt. Johnny Wells	New Braunfels Police Department	
Sean Williams	Texas Home Systems	
Georgia Malmsten	Edward Jones	
Jill Finke	Resolute Hospital	
Signature		
Stacy Hill		