

FUNDING APPLICATION

GENERAL INFORMATION

Organization Information

Legal Name: Horses Helping the Handicapped, Inc. (dba Triple H Equitherapy)	Federal Tax ID#: 74-2746369	501(c)(3) Public Charity 509 (a)(1)	
Address: 791 Backhaus Road	City: Pipe Creek	State: Texas	Zip Code: 78063
Website: www.triple-h.org	Fax: (830) 388-2263	United Way Funded: No	

Fiscal Year:

January 01 to December 31

Head Of Organization

Name: Ginger Eways	Title: Executive Director
E-Mail Address: ginger@triple-h.org	Phone: (830) 388-2263

Application Contact

Name: Ginger Eways	Title: Executive Director	E-Mail Address: ginger@triple-h.org	Phone: (830) 388-2263
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Previous Najim Funding

Year	Funding \$
2015	\$12,748
2016	\$18,105
2017	\$23,400
2018	\$23,400
2019	\$25,000
2020	\$25,000
Total	\$127,653

Has the organization applied to the Najim Charitable Foundation in the past and been declined?

Yes
2013 & 2014

Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:
\$25,000	\$302,170	\$499,000

Mission Statement:

To improve health and quality of life for individuals with special needs through internationally accredited equine-assisted activities and therapy

PROJECT INFORMATION

Program / Project Title:

To support scholarships for the Horse-Assisted Psychotherapy, "From Fear to Responsibility" Program for underserved children ages 6-17.

PROJECT TIMELINE

Start Date	End Date
07/01/2021	06/30/2022

Harvey E. Najim Charitable Foundation Priorities:

Disabilities/Special Needs

Program / Project Description:

FROM FEAR TO RESPONSIBILITY is a horse-assisted psychotherapy program for underserved children ages 6 to 17 who have significant mental and behavioral health disturbances. As an adjunct to primary health care, it counteracts corrosive life experiences that have triggered emotional and social problems that could or already have resulted in judicial intervention and/or residential treatment.

WHY EQUITHERAPY WORKS: Equitherapy uses the unique qualities of the horse to meet the special needs of individuals with mental and behavioral disorders. Horse-assisted psychotherapy offers many distinctive experiences that traditional "talk" therapy does not. There is no clinical setting. The psychotherapist can give feedback to clients in real time. Clients interact with their horses in the barn, the outdoor arena, and on scenic riding trails. This time in nature restores a sense of psychological wellness and vitality. Many benefits of equitherapy are due to the nature of these magnificent animals. As equine therapists, horses are non-judgmental, have no preconceived expectations or motives, and are highly effective at mirroring attitudes and behaviors of the humans with whom they are working. Interacting with horses in a beautiful natural setting engages the mind, body, senses, and emotions at the same time. These holistic benefits promote healing, health, and wholeness.

Consequently, program participants become stronger in mind, body, and spirit because a powerful bond develops between the human and the horse. The young person's relationship with a therapy horse is the catalyst that motivates them to achieve positive behavioral and health outcomes. Their horse empowers them to overcome fears, embrace new possibilities, focus on their abilities rather than disabilities, and expand their horizons. During each eight-week session, participants move from positions of limitation and dependence to strength and independence.

GOAL: The goal of the program is to improve the health and quality of life for children ages 6 to 17 who have mental health issues by improving their behavioral and mental health outcomes. The program promotes self-esteem, emotional health, social growth, character development, and psychological well-being. As the young people gain self-confidence and self-esteem, they are able to go beyond their circumstances and make progress towards becoming healthy individuals and ultimately productive citizens.

ISSUE: According to the National Alliance on Mental Illness, one in five children ages 13-18 have or will have a serious mental illness, and suicide is the third leading cause of death among this age group. Traumatic experiences such as poverty, neglect, and abuse all too often result in significant emotional and behavioral disturbances that increase the risk of young people pursuing unhealthy conduct and criminal activity. For many of the at-risk youth participating in this program, Triple H offers their last chance to make a breakthrough and change from self-destructive to self-affirming behaviors.

NEEDS THE PROJECT WILL ADDRESS: According to the Bexar County Juvenile Justice Department, troubled children and youth need community-based supportive services to help mitigate the factors of traumatic experiences and mental health disorders. From Fear to Responsibility addresses this need for community-based services. Zvonka Vukmirovic, Ph.D., a Certified Clinical Trauma Professional, stated that Triple H's horse-powered mental health program is very effective for young people dealing with complicated emotions and situations. "Working with some of the most difficult kids in Texas, we have looked for different treatment modalities to address trauma issues, in particular with residents who are not well suited for traditional talk therapy. In equine therapy, we have found such a modality and discovered that it works well with young people who are resistant to other forms of therapy. Equitherapy at Triple H assists these children with a broad range of issues including learning about themselves, their relationships and emotions, fostering trust and respect...working through conflict, self-confidence, honesty, and the ability to surrender and be present in the moment. I feel strongly that the life skills learned in equine-assisted psychotherapy improve their quality of life and relationships and provide these young people with the skills to overcome the most difficult challenges."

INDIVIDUALS IMPACTED: From Fear to Responsibility serves disadvantaged children and youth ages 6 to 17 from Bandera, Bexar, Comal, Kendall, Kerr, and Medina Counties. They have various mental health diagnoses such as mood disorders, oppositional defiant disorder, depression, and bipolar disorder. Their traumatic life experiences have triggered emotional and behavioral conditions that could or already have resulted in judicial intervention and residential placement. Clients are referred to Triple H's program by private mental health practitioners, the Bexar County Juvenile Justice Department, the Bandera County Probation Department, and residential treatment centers for at-risk youth such as Roy Maas Youth Alternatives.

EXPECTED RESULTS: The therapeutic team includes a licensed mental health professional, certified riding instructors, trained volunteer mentors, and therapy horses. Young people develop strong relationships with their horses, who along with other members of the team, offer unconditional acceptance and affirmation. Often for the first time in their young lives, clients experience a sense of self-worth and the ability to trust and be trusted. They learn to relate to themselves and the world around them in healthy ways. The key strategy is to reach them through a combination of counseling and living out the principles addressed in counseling through working with the horses. This strategy has proven effective in cases that have been intractable with standard therapy.

Evaluation Plan:

The program's evaluation plan focuses on core areas of behavior. Measurable objectives are set for each client at the beginning of each session. These objectives are monitored, and progress is documented after each lesson. The therapist tracks improvement in these five core areas of behavior: 1. DEVELOPMENTAL MILESTONES [planning, decision making, following directions, team work]. 2. EMOTIONAL GROWTH [dealing with anxiety, recognizing boundaries, coping with frustration]. 3. SOCIAL GROWTH [demonstrating self-confidence and a sense of responsibility]. 4. LEARNING MILESTONES [listening, task completion, sequential processing, multi-tasking]. 5. LOCUS OF CONTROL [the degree to which people believe that they, as opposed to external forces beyond their influence, have control over the outcome of events in their lives]. The therapist calculates the percentage of improvement during the session in each of these five core areas of behavior. This measured improvement demonstrates the significant change that occurs in the young people's lives as they learn how to develop healthy relationships with themselves, others, and the world around them.

Plans to sustain project beyond the term of this request:

Triple H continues to make a determined effort to develop a strong, diversified, and engaged Board of Directors to build the resources necessary to ensure a sustainable future. Even during the COVID pandemic, the board made progress. Along with the executive staff, they continue to build the broader base of support necessary to strengthen funding streams. As the board in partnership with the executive staff becomes more successful, proceeds from individual donor contributions are increasing. This year, in addition to its signature Magic of Horses Gala, Triple H developed a new annual event which is held at the Triple H ranch, a classic car show and family fun day. In addition to increased grant writing, Triple H is working to expand horse sponsorships, client scholarships, and fundraising on social media.

Children Impacted:	
How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?	How many unduplicated children will NCF REQUESTED FUNDS impact?
75	38

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	0%	African American	28%
Children (6-13)	11%	Asian American	0%
Young Adults (14-18)	89%	Caucasian	44%
TOTAL:	100%	Hispanic/Latino	28%
		Native American	0%
		Other and Define	0%
		TOTAL:	100%

City Council District for Which Children are Being Served:

District9

Line item Budget:

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Scholarships	\$60,000	\$25,000
Employees Salaries & Fringe	\$121,140	\$0
Contract Labor for Licensed Psychotherapist	\$20,100	\$0
Contract Labor for Farrier Services (horse shoeing)	\$10,800	\$0
Program & Office Supplies	\$3,600	\$0
Occupancy Expenses (rent, utilities, pest control)	\$21,390	\$0
Communications	\$3,000	\$0
Repairs & Maintenance	\$3,600	\$0
Training, Professional Development & Certifications	\$3,000	\$0
Horse Care (food, supplements, veterinary care)	\$30,120	\$0
Volunteer Expenses (recruitment, training, management)	\$2,400	\$0
Insurance & Security	\$6,120	\$0
Indirect Expenses	\$16,900	\$0
TOTAL:	\$302,170	\$25,000

OTHER FUNDING RESOURCES

For Project being Requested: Funding sources and amounts, pending and committed.

PROJECT - PENDING

Funder Name	Amount Requested
Carl Anderson Foundation	\$5,000
Gordon Hartman Foundation	\$7,500
GTVC Foundation	\$5,000
HEB Community Investment	\$2,500
Judy Calder Foundation	\$15,000
Greehey Foundation	\$20,000
Meadows Foundation	\$75,000
Hal & Charlie Peterson Foundation	\$20,000
Linda Darlene Lehr Charitable Trust	\$7,500
Watson Foundation	\$5,000
TOTAL:	\$162,500

PROJECT - COMMITTED

Funder Name	Amount Requested
Methodist Healthcare Ministries	\$99,750
Bandera Electric Cooperative	\$1,500
TOTAL:	\$101,250

Other funding sources and amounts, pending and committed not specific to this request.

ALL OTHER ORGANIZATION REQUESTS - PENDING

Funder Name	Amount Requested
Rebecca's Foundation	\$5,000
Amy Shelton McNutt Charitable Trust	\$5,000
Texas Veterans Commission	\$75,000
PATH Int'l Veterans Program	\$5,000
Charitable Foundation Frost	\$10,000
Ed Rachal Foundation	\$10,000
TOTAL:	\$110,000

ALL OTHER ORGANIZATION REQUESTS - COMMITTED

Funder Name	Amount Requested
Methodist Healthcare Ministries	\$99,750
TOTAL:	\$99,750

BOARD OF DIRECTORS

What percentage of your board contributes financially to the organization?

100%

If Board giving is not at 100%, please explain why?

n/a

How are board members expected to participate in your organization?

In addition to governance responsibilities, each board member is asked to participate in fundraising activities and to make a personal financial contribution including board dues of \$100 annually. Board members help develop and strengthen Triple H's donor base by identifying prospects and "opening doors" to prospective donors. They also participate in donor cultivation and stewardship activities. As requested, board members make outreach presentations to service clubs and businesses, and they engage in public relations activities such as attending events sponsored by area chambers of commerce and other organizations with which Triple H partners. Four board members serve as program volunteers, handling horses during therapy classes. One board member helps the executive director with administrative tasks each week. Also, as assigned board members serve as members of Triple H committees such as the nominating and strategic planning committee.

LIST OF BOARD DIRECTORS

Name & Office Held	Corporate Affiliation
Tracy B. Range, President	Rennert Travel
Jennifer Uecker, CPA, Treasurer	USAA Real Estate Company
Janet Casey, Secretary	Retired, Casey Management
Jay Pennington, Vice President	Pennington Technical Arts, President Pet Search & Rescue, Film Actor
Elaine Palance, Board Member	Elaine Palance Designs & Jack Palance Art
Brett Anderson, Board Member	AT&T, Business Owner
Sarah Pennington, Board Member	USAA, retired
Gene Skillrud, Board Member	Retired, General Partner, Skillrud Family Limited Partnership
Diane Skillrud, Board Member	Retired, Administrative Secretary, Ultramar Diamond Shamrock, Port Authority of San Antonio
Elizabeth McRae, M.D., Board Member	Owner/Medical Director McRae MD Medical Laser Spa
Rebecca B. Dinnin (Becky), Board Member	Self Employed, Nonprofit Consulting, Social Venture Partners
Sharon Treece, Board Member	Wells Fargo Bank
Signature	
Ginger Eways, Executive Director	