

FUNDING APPLICATION

GENERAL INFORMATION

Organization Information

Legal Name: Healthy Futures of Texas		Federal Tax ID#: 20-5793076		501(c)(3) Public Charity 509 (a)(1)	
Address: 2300 W. Commerce St., Ste 212		City: San Antonio		State: Texas	
				Zip Code: 78207	
Website: www.hf-tx.org		Fax: (210) 223-4589		United Way Funded: No	

Fiscal Year:

January 01 to December 31

Head Of Organization

Name: Evelyn Delgado		Title: President	
E-Mail Address: EDelgado@hf-tx.org		Phone: (210) 223-4589	

Application Contact

Name: Anthony Betori	Title: Program Director	E-Mail Address: abetori@hf-tx.org	Phone: (210) 223-4589
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Previous Najim Funding

Year	Funding \$
2012	\$20,000
2013	\$20,000
2015	\$15,000
2017	\$20,000
2018	\$20,000
2019	\$20,000
2020	\$25,000
Total	\$140,000

Has the organization applied to the Najim Charitable Foundation in the past and been declined?

No

Grant Amount Requested \$: \$40,000	Total Project Budget \$: \$262,169	Organization's Annual budget \$: \$1,937,825
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Mission Statement:

To reduce teen and unplanned pregnancy in San Antonio and Texas in order to support the development of strong families and positively impact the future of our community.

PROJECT INFORMATION

Program / Project Title:

To support General Operating Expenses for the combined youth Educational and Curriculum Development Programs designed for middle & high school students by reducing teen and unplanned pregnancies in San Antonio.

PROJECT TIMELINE

Start Date	End Date
08/02/2021	07/29/2022

Harvey E. Najim Charitable Foundation Priorities:

Education

Education Priorities:

Elementary to High School

Program / Project Description:

Healthy Futures is requesting \$40,000 in funding for our combined youth education and curriculum development programs. Our educational programs are evidence-based and evidence-informed programs designed for students implemented across San Antonio. We're currently developing our own curriculum to increase the use of technology to meet youth where they are and in the manner they learn the best. We are actively filling gaps in the curriculum landscape of sex ed to better serve our San Antonio communities.

In 2021 and 2022, we have several exciting ongoing projects, and we continue to respond to the shifting needs resulting from the pandemic. We're implementing a stronger use of technology and more education regarding the internet. Recent research shows that there is an urgent need for sexual health organizations to address the emerging reality of teens using dating apps and interacting with information about sex and relationships online. We are also co-developing curriculum with youth, including a consent-based curriculum designed for young women by young women, and an STI focused curriculum for LGBTQ+ youth in partnership with the City of San Antonio's End Stigma End HIV Alliance. We have entered an exciting new era as an organization, actively co-creating new sex ed products to fill critical gaps while continuing our cornerstone services to partners across San Antonio and Bexar County. Current partners include Haven for Hope, The Children's Shelter, the Boys and Girls Club, SA Youth, Good Samaritan, the YWCA, Keystone School, Temple Beth-El, and more.

Healthy Futures accomplishes our mission through a complementary strategy of clinical referrals, education, and curriculum development for low-income youth and parents, strengthening partnerships with other youth-serving agencies, focusing on areas of San Antonio with the highest teen birth rates, and advocacy surrounding teen pregnancy prevention to empower people to reach their full potential.

Texas falls behind most states in critical indicators of adolescent health. According to the United Health Foundation, in 2020 Texas ranked 50th in the country for uninsured children, 46th in access to care for children, 44th in quality of care for children, and 42nd in teen births. According to the Texas Campaign to Prevent Teen Pregnancy, Texas ranks last for repeat birth rate, and half of all teen births in Texas occur in just 7 counties, including Bexar County. Only 17% of school districts offer high-quality abstinence-plus sex ed. While the teen birth rate has collapsed since 2010, the United States at large still fares 30% better than Texas in this metric, according to 2018 data. The combined impact of low access to quality sex ed, effective healthcare, and effective contraception - which compose the three most important elements of a robust teen pregnancy reduction plan - is that Bexar County teens face daunting structural barriers to the care and education they need to avoid teen pregnancy and the challenges it can bring for young adults, including incomplete education, lower lifelong earnings, higher STI rates, higher repeat pregnancy rates, and lower economic success for the communities in which they live. Finally, the available tools for addressing these complex issues are aging, and much available sex ed does not adequately address issues like sexting, nor experiences like those of LGBTQ+ youth, youth in care, poor youth, or youth with disabilities.

In Bexar County, education is the key to addressing the cycle of poverty that so many young people struggle to escape. With a large push for students to graduate high school and move on to higher education or employment, a teen birth could hinder those goals for an individual. Of those who dropped out of high school, 30% cite pregnancy or parenthood as a reason. Sixty-seven percent of youth who move out of their family's household live below the poverty level and less than a quarter of teen mothers receive any child support payments. Children born to teen mothers are 50% more likely to repeat grades and less likely to graduate high school. Pregnant teens are at an increased risk of domestic violence. Bexar County is seeing higher teen pregnancy rates among low-income and minority youth, resulting in higher rates of low birth weight, preterm birth, and infant mortality. Bexar County teens are 49% more likely than youth around the country to become parents and thus more likely to live in poverty. For youth who do graduate from high school and move on to higher education, an unplanned pregnancy too often means the end of their college career. 61% of community college students who have children after enrolling do not finish their education, which is a dropout rate 65% higher than for women who do not have children while in college. Nationally, unplanned births account for nearly one in 10 dropouts among female community college students. Higher education and college completion directly relate to increased salary potential, upward social mobility, improved maternal and child outcomes, and decreasing the risk of poverty.

We address these issues through a variety of programs:

- o Big Decisions: an abstinence-plus curriculum for teens with topics on goals & dreams, relationships, reproductive anatomy, practicing refusal skills, contraception & sexually transmitted infections.
- o Key Conversations: a parent program to support parents and caregivers to have conversations with their children about sex and relationships
- o Power Through Choices: a sex ed curriculum designed specifically for youth in care, including youth in the foster system
- o Brave Conversations: a caregiver education program for parents, kinship caregivers and foster parents involved in the foster system; an adapted version exists for professionals

Evaluation Plan:

Healthy Futures evaluates programs and services in a variety of ways in addition to prioritizing the use of evidence-based curriculum. Since evidence-based programs have already demonstrated behavioral changes with statistical significance, sessions are focused on knowledge and skills gained through attending sessions.

Listed below are measures collected with each implementation of programs:

- o Focus groups to develop qualitative data about student, faculty, and parent experiences
- o Fidelity monitoring and observations of facilitators
- o Attendance reports
- o Demographic information

In addition to evaluating services and programs, Healthy Futures performs annual evaluations to assess individual staff performance. Evaluations are used to provide continuous quality improvement in program delivery and professional development opportunities.

Plans to sustain project beyond the term of this request:

Healthy Futures of Texas will sustain our health education programs through diversified funding, grant writing initiatives, special event sponsorships, individual donations, and increased marketing and branding. Healthy Futures has workgroups within the organization to help with fundraising, marketing and dissemination of our in-house Big Decisions curricula. These committees are building diversified fundraising efforts, such as digital campaigns and a major gifts program. Over the past 15 years, the reputation we have developed in managing high levels of funding and presenting evidence-based and evidence-informed programs on the specialized topic of teen pregnancy prevention uniquely positions us to be competitive for funding in this space.

We continue to seek backbone federal funding, and we are ramping up marketing to school districts to increase the portion of our funding resulting fee-for-service programs, a long term strategy built in collaboration between our Board of Directors and staff.

Children Impacted:

How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?	How many unduplicated children will NCF REQUESTED FUNDS impact?
700	500

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	0%	African American	6%
Children (6-13)	35%	Asian American	0%
Young Adults (14-18)	65%	Caucasian	8%
TOTAL:	100%	Hispanic/Latino	86%
		Native American	0%
		Other and Define	0%
		TOTAL:	100%

City Council District for Which Children are Being Served:

District2, District3, District7

Line item Budget:

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Salaries and Benefits	\$194,004	\$22,500
Professional Fees	\$12,261	\$3,500
Program and Office Supplies, Meeting Expenses	\$39,508	\$10,000
Occupancy Expenses	\$10,045	\$1,000
Travel Expenses	\$1,423	\$500
Miscellaneous Expenses	\$4,928	\$2,500
TOTAL:	\$262,169	\$40,000

OTHER FUNDING RESOURCES

For Project being Requested: Funding sources and amounts, pending and committed.

PROJECT - PENDING

Funder Name	Amount Requested
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Valero Energy	\$50,000
Baptist Health Foundation	\$50,000
TOTAL:	\$100,000

PROJECT - COMMITTED

Funder Name	Amount Requested
Greehey Foundation	\$25,000
San Antonio Area Foundation	\$20,000
Shield-Ayers Foundation	\$10,000
Valero BFC	\$10,000
COSA ESEHA Contract	\$70,000
Methodist Healthcare Ministries	\$33,000
TOTAL:	\$168,000

Other funding sources and amounts, pending and committed not specific to this request.

ALL OTHER ORGANIZATION REQUESTS - PENDING

Funder Name	Amount Requested
Nancy Smith Hurd Foundation	\$200,000
Small funders less than \$10,000 each	\$20,000
TOTAL:	\$220,000

ALL OTHER ORGANIZATION REQUESTS - COMMITTED

Funder Name	Amount Requested
Texas Youth Action Network	\$10,000
Federal Youth Services Bureau	\$668,000
San Antonio Metropolitan Health	\$25,000
TOTAL:	\$703,000

BOARD OF DIRECTORS

What percentage of your board contributes financially to the organization?
100%

If Board giving is not at 100%, please explain why?

How are board members expected to participate in your organization?
Our Board Members meet bi-monthly for general meetings, and meet additionally based on their committee participation, including marketing and finance committees. Board Members participate in fundraising by assisting in recruiting for and planning events, and will have increasing roles in fundraising as our Major Gifts program launches in 2021.

In 2020, Board Members played a critical role in providing guidance through the pandemic, as well as some new strategies for long-term sustainability.

LIST OF BOARD DIRECTORS

Name & Office Held	Corporate Affiliation
Clarissa Chavarria, Chair	San Antonio Municipal Court
Judy Dones, Vice Chair	UTSA

R. Moss Hampton, Treasurer	OB-GYN
Unity Puente, Secretary	CPS Energy
Adelina Silva	Alamo Colleges
Lorna Stafford	San Antonio Area Foundation
Gilbert Gonzales	Bexar County Department of Behavioral and Mental Health
Signature	
Evelyn Delgado	