

FUNDING APPLICATION

GENERAL INFORMATION

Organization Information

Legal Name: Ecumenical Center for Religion and Health (The)	Federal Tax ID#: 74-1587388	501(c)(3) Public Charity 509 (a)(1)
Address: 8310 Ewing Halsell Drive	City: San Antonio	State: TX
		Zip Code: 78229
Website: www.echrh.org	Fax: (210) 616-0885	United Way Funded: No

Fiscal Year: January 01 to December 31
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Head Of Organization

Name: Mary Beth Fisk	Title: CEO/Executive Director
E-Mail Address: mbfisk@ecrh.org	Phone: (210) 616-0885

Application Contact

Name: Sandra J Preininger	Title: Outreach Coordinator	E-Mail Address: spreininger@ecrh.org	Phone: (210) 616-0885
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Previous Najim Funding

Year	Funding \$
2008	\$40,000
2015	\$25,000
2017	\$38,000
2018	\$53,000
2019	\$63,000
2020	\$65,000
Total	\$284,000

Has the organization applied to the Najim Charitable Foundation in the past and been declined? No

Grant Amount Requested \$: \$81,000	Total Project Budget \$: \$1,042,320	Organization's Annual budget \$: \$3,489,195
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Mission Statement: The Center is a faith-based force for hope for children, adolescents and families dedicated to alleviating suffering and facilitating mental, physical and emotional healing and growth for the community.

PROJECT INFORMATION

Program / Project Title:

To support children's mental health services for the uninsured, underinsured, or economically disadvantaged.

PROJECT TIMELINE

Start Date	End Date
04/01/2021	03/31/2022

Harvey E. Najim Charitable Foundation Priorities:

Mental Health

Program / Project Description:

Everyday 1 in 5 children in the Greater San Antonio area face the unthinkable: child abuse, neglect, bullying, depression, anxiety or suicidal thoughts. Many of these children are living in poverty, some of them are children whose parents are uninsured, under-insured or can not afford the high costs of insurance deductibles. For all these children, The Ecumenical Center provides fee assistance through the generous contributions of foundations, like the Najim Foundation, and others. In 2020, 99% of children requesting services from the Ecumenical Center required fee subsidies. The goal of this project is to provide 1,100 in-person or tele-counseling sessions for 336 unduplicated children and adolescents in the San Antonio area providing Cognitive Behavioral Therapy for Children, Neurofeedback for Autism or Brain Trauma, Play, Art and Music Therapy, and Psychological Testing Services, for children and adolescents. Camp Wellness, a Summer Camp for children with mental health issues, is offered in response to the many suicides and attempted suicides that are occurring around the area from children and adolescents who are bullied, anxious, depressed or traumatized. Camp Wellness is offered for children 5 years old to 15 years old, with 13-15 year old's acting as camp counselors. Camp Wellness is a chance for children and adolescents to work with licensed professional counselors in an informal way before they are thinking of suicide. The Center's anti-suicide efforts are also being carried out in the East Central ISD and in the Southside ISD through implementation of the Yellow Ribbon International Anti-Suicide Campaign. This campaign involves a comprehensive education program starting in the elementary schools and continuing through the high school level. According to the Yellow Ribbon International website, their program has saved 114,370 people during their 25 years of service to the community.

Two new programs of The Ecumenical Center promise to make some exciting changes for the Greater San Antonio Area's children and adolescents. The Ecumenical Center has been chosen to be the Trauma Informed Certifying Agency for Bexar County. Being certified as a trauma informed organization means that these agencies provide services that prevent children and adolescents from being re-traumatized by an agency by providing care that is not provided in a trauma informed way. This is especially important during 2021 when many of the local children have been traumatized, or re-traumatized by the COVID-19 pandemic. The second strategic initiative has been the creation of The Center for Young Minds at The Ecumenical Center. The Center for Young Minds is a collaboration of non-profit partners in the San Antonio area whose goal is to reach every child with behavioral health concerns as early as possible with effective and responsive services. This correlates well with The Ecumenical Center's programs to address economically disadvantaged children's mental health needs through evidence-based interventions.

All children learn and heal in different ways, therefore, The Ecumenical Center provides many different healing modalities and combinations of therapies for children and adolescents. Programs offered include: Evidence-based children's psychotherapy, play and art therapy provided by registered play and art therapists, Music and Neurologic Music Therapy in the new Harvey Najim Wing at The Ecumenical Center. Music Therapy and Neurologic Music Therapy are part of the expressive therapeutic arts program for children that is used in addition to the evidence-based therapies used at The Center. C. Molchioti in "Expressive Therapies," writes, "Creativity in therapy has the potential to impact clients in memorable ways....When therapists choose to use expressive therapies, they give their clients the opportunity to become active participants in their own treatment and empower them to use imagination in productive and corrective ways. Whether through art, play, music, movement, enactment or creative writing, expressive therapies stimulate the senses, thereby 'sensitizing' individuals to untapped aspects of themselves...thus facilitating self-discovery, change, and reparation."

The mental health needs of Bexar County children continue to grow as the population of Bexar County expands. According to The Express News, Feb. 1, 2021, "One in 5 children has a behavioral, emotional or mental illness -- about 130,000 in Bexar County alone, according to the CDC. These illnesses range from ADHD and anxiety to suicidal ideation, bipolar disorder and schizophrenia. And mental illness affects families from all walks of life, regardless of age, gender, economic status or socioeconomic factors." Furthermore, the statistics for those who don't get help are staggering: half of the children will drop out of high school; these children are twice as likely to start using illicit drugs and alcohol; they are more likely to end up in the juvenile justice system; and many attempt suicide. Untreated mental illness is the second leading cause of death in children. But it doesn't have to be that way. The Ecumenical Center would be honored to partner with The Najim Family Foundation in our fifty-fourth year of bringing hope and healing to children through the mental health services of The Ecumenical Center.

Evaluation Plan:

The Ecumenical Center continues to use the ACORN Data Center's Evaluation tool for determining the outcome of assessment, counseling, and psychotherapy done at The Ecumenical Center. This is a mandate from the Solihthen Center (Samaritan) with whom the Center is affiliated and certified. The survey instrument assesses self-reported improvement for children (the survey may be completed by parents or guardians, if necessary), adolescents and adults. ACORN surveys are given at the initial visit and then with each subsequent visit, thereby compiling a picture of change in thoughts, moods, attitudes and behaviors over the course of the therapeutic treatment(s). Evaluation is also done monthly to determine how many children were served in all The Center's Programs for Children and how many children required fee subsidy assistance, and the amount needed with breakdown by age, gender and ethnicity.

Plans to sustain project beyond the term of this request:

Plans to sustain this project beyond this request include grants from foundations, contributions from the Board of Directors, The Foundation Board, individuals and fees for counseling services.

Children Impacted:

How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?

4,323

How many unduplicated children will NCF REQUESTED FUNDS impact?

336

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	10%	African American	4%
Children (6-13)	63%	Asian American	1%
Young Adults (14-18)	27%	Caucasian	36%
TOTAL:	100%	Hispanic/Latino	46%
		Native American	0%
		Other and Define	13%
		TOTAL:	100%

City Council District for Which Children are Being Served:

District1, District2, District3, District4, District5, District6, District7, District8, District9, District10

Line item Budget:

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Children's Counseling	\$783,320	\$51,000
Children's Neurologic Therapies	\$25,000	\$15,000

Child-Parent Relationship Training	\$10,000	\$0
Children's Art/Music/Neurologic/Movement Therapy	\$75,000	\$10,000
Child Therapy Training Workshops for Mental Health Professionals	\$124,000	\$0
Camp Wellness	\$25,000	\$5,000
TOTAL:	\$1,042,320	\$81,000

OTHER FUNDING RESOURCES

For Project being Requested: Funding sources and amounts, pending and committed.

PROJECT - PENDING

Funder Name	Amount Requested
Cigna Foudnation	\$65,000
Najim Foundation	\$81,000
TOTAL:	\$146,000

PROJECT - COMMITTED

Funder Name	Amount Requested
Valero Benefits for Children	\$40,000
Methodist Healthcare Ministries-Child Therapy	\$100,000
Methodist Healthcare Ministries-Child Parent Relationship Training	\$4,500
Methodist Healthcare Ministries-Neurofeedback for Children	\$32,500
Texas Cavaliers	\$3,000
TOTAL:	\$180,000

Other funding sources and amounts, pending and committed not specific to this request.

ALL OTHER ORGANIZATION REQUESTS - PENDING

Funder Name	Amount Requested
May and Stanley Smith	\$50,000
Kronkosky Foundation	\$75,000
Victims of Crime	\$142,000
TOTAL:	\$267,000

ALL OTHER ORGANIZATION REQUESTS - COMMITTED

Funder Name	Amount Requested
Methodist Healthcare Ministries-Pastoral Care	\$157,890
Methodist Healthcare Ministries-Medical Ethics	\$126,231
Methodist Healthcare Ministries-Child Therapy Training Workshops for Mental Health Professionals	\$124,881
TOTAL:	\$409,002

BOARD OF DIRECTORS

What percentage of your board contributes financially to the organization?

100%

If Board giving is not at 100%, please explain why?

How are board members expected to participate in your organization?

Besides financial commitment, Board members volunteer for a variety of different events. they are chairmen of fund-raising committees, make calls to people for contributions and participate in fund-raising events. The Board members also reach out to churches and other organizations to find new locations for counseling offices and they recruit new board members and volunteers. Decorating for events, hanging art, serving food and acting as hosts and hostesses for events are some other invaluable services performed by The Center's Boards.

LIST OF BOARD DIRECTORS

Name & Office Held	Corporate Affiliation
Mrs. Nancy Torgerson-Chairman	Community Volunteer
Mr. John Weber, Jr.-Vice Chair	Attorney
Mr. Charles Robinson, III, Treasurer	Robinson Value Management, Ltd.
Mrs. Lupita Medina	Community Volunteer
Mrs. Mary Carter-Secretary	Kuper Realty
Mrs. Mary Ellen Archer	Jefferson Bank
Ms. Lynn Breuer	Community Volunteer
Mrs. Elizabeth Hetrick	Broadway Bank
Rev. Dr. Les Hollon	Senior Pastor Trinity Baptist Church
Dr. Randy Singleton	Physician
Ms. Kristin Tips	Mission Park Funeral Homes
Ms. Jennifer Bennett	President-Impact San Antonio
Maj. Gen. Al Flowers	Retired Military
Ms. Kathy Griesenbeck	President-Future Focus Consulting

Signature

Mary Beth Fisk-CEO/Executive Director