

# FUNDING APPLICATION

## GENERAL INFORMATION

### Organization Information

<b>Legal Name:</b> Ecumenical Center for Religion and Health (The)		<b>Federal Tax ID#:</b> 74-1587388	<b>501(c)(3) Public Charity</b> 509 (a)(1)	
<b>Address:</b> 8310 Ewing Halsell Drive	<b>City:</b> San Antonio	<b>State:</b> TX	<b>Zip Code:</b> 78229	
<b>Website:</b> www.echrh.org		<b>Fax:</b> (210) 616-0885	<b>United Way Funded:</b> No	

### Fiscal Year:

January 01 to December 31

### Head Of Organization

<b>Name:</b> Mary Beth Fisk	<b>Title:</b> CEO/Executive Director
<b>E-Mail Address:</b> mbfisk@ecrh.org	<b>Phone:</b> (210) 616-0885

### Application Contact

<b>Name:</b> Sandra J Preininger	<b>Title:</b> Outreach Coordinator	<b>E-Mail Address:</b> spreininger@ecrh.org	<b>Phone:</b> (210) 616-0885
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### Previous Najim Funding

Year	Funding \$
2008	\$40,000
2015	\$25,000
2017	\$38,000
2018	\$53,000
2019	\$63,000
2020	\$65,000
<b>Total</b>	<b>\$284,000</b>

### Has the organization applied to the Najim Charitable Foundation in the past and been declined?

No

<b>Grant Amount Requested \$:</b> \$83,000	<b>Total Project Budget \$:</b> \$1,047,320	<b>Organization's Annual budget \$:</b> \$3,489,195
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### Mission Statement:

The Center is a faith-based force for hope for children, adolescents and families dedicated to alleviating suffering and facilitating mental, physical and emotional healing and growth for the community.

## PROJECT INFORMATION

### Program / Project Title:

To support children's mental health services for the uninsured, underinsured, or economically disadvantaged, which includes Counseling, Neurofeedback, Music/Neurologic Music Therapy and Camp Wellness.

## **PROJECT TIMELINE**

<b>Start Date</b>	<b>End Date</b>
04/01/2021	03/31/2022

### **Harvey E. Najim Charitable Foundation Priorities:**

Mental Health

### **Program / Project Description:**

Everyday 1 in 5 children in the Bexar County area face the unthinkable: child abuse, neglect, bullying, depression, anxiety or suicidal thoughts. Many of these children are living in poverty, some of them are children whose parents are uninsured, under-insured or can not afford the high costs of insurance deductibles. For all these children, The Ecumenical Center provides fee assistance through the generous contributions of foundations, like the Najim Foundation, and others. In 2020, 99% of children requesting services from the Ecumenical Center required fee subsidies. The goal of this project is to provide 1,100 in-person or tele-counseling sessions for 336 unduplicated children and adolescents in the San Antonio area providing Cognitive Behavioral Therapy for Children, Neurofeedback for Autism or Brain Trauma, Play, Art and Music Therapy, and Psychological Testing Services, for children and adolescents. Camp Wellness, a Summer Camp for children with mental health issues, is offered in response to the many suicides and attempted suicides that are occurring around the area from children and adolescents who are bullied, anxious, depressed or traumatized. Camp Wellness is offered for children 5 years old to 15 years old, with 13-15 year old's acting as camp counselors. Camp Wellness is a chance for children and adolescents to work with licensed professional counselors in an informal way. This camp focuses on helping children learn strategies to help them overcome crisis, trauma, bullying and the effects of bullying while teaching them relaxation techniques through music, movement, art, nutrition and deep breathing.

Two new initiatives of The Ecumenical Center promise to make some exciting changes for San Antonio children and adolescents. The Ecumenical Center has been chosen to be the Trauma Informed Certifying Agency for Bexar County. To be certified as a trauma informed organization means that these agencies provide services that prevent children and adolescents, who may have already experienced trauma in their lives from adverse childhood experiences including divorce, child abuse, homelessness, death of a parent, etc., are not being re-traumatized by an agency providing care that is not provided in a trauma informed way. This is especially important during 2021 when many of the local children have been traumatized, or re-traumatized by the COVID-19 pandemic. The second initiative has been the creation of The Center for Young Minds at The Ecumenical Center. The Center for Young Minds is a collaboration of 45 non-profit partners in the San Antonio area whose goal is to reach every child with behavioral health concerns as early as possible with effective and responsive services. This correlates well with The Ecumenical Center's programs to address economically disadvantaged children's mental health needs through evidence-based interventions.

All children learn and heal in different ways, therefore, The Ecumenical Center provides many different healing modalities and combinations of therapies for children and adolescents. Programs offered include: Evidence-based children's psychotherapy, play and art therapy provided by registered play and art therapists, Music and Neurologic Music Therapy in the new Harvey Najim Wing at The Ecumenical Center. Music Therapy and Neurologic Music Therapy are part of the expressive therapeutic arts program for children that is used in addition to the evidence-based therapies used at The Center. C. Molchioti in "Expressive Therapies," writes, "Creativity in therapy has the potential to impact clients in memorable ways....When therapists choose to use expressive therapies, they give their clients the opportunity to become active participants in their own treatment and empower them to use imagination in productive and corrective ways. Whether through art, play, music, movement, enactment or creative writing, expressive therapies stimulate the senses, thereby 'sensitizing' individuals to untapped aspects of themselves...thus facilitating self-discovery, change, and reparation."

The mental health needs of Bexar County children continue to grow as the population of Bexar County expands. According to The Express News, Feb. 1, 2021, "One in 5 children has a behavioral, emotional or mental illness -- about 130,000 in Bexar County alone, according to the CDC. These illnesses range from ADHD and anxiety to suicidal ideation, bipolar disorder and schizophrenia. And mental illness affects families from all walks of life, regardless of age, gender, economic status or socioeconomic factors." Furthermore, the statistics for those who don't get help are staggering: half of the children will drop out of high school; these children are twice as likely to start using illicit drugs and alcohol; they are more likely to end up in the juvenile justice system; and many attempt suicide. Untreated mental illness is the second leading cause of death in children. But it doesn't have to be that way. The Ecumenical Center would be honored to partner with The Najim Family Foundation in our fifty-fourth year of bringing hope and healing to children through the mental health services of The Ecumenical Center.

**Evaluation Plan:**

The Ecumenical Center continues to use the ACORN Data Center's Evaluation tool for determining the outcome of assessment, counseling, and psychotherapy done at The Ecumenical Center. This is a mandate from the Solihden Center (Samaritan) with whom the Center is affiliated and certified. The survey instrument assesses self-reported improvement for children (the survey may be completed by parents or guardians, if necessary), adolescents and adults. ACORN surveys are given at the initial visit and then with each subsequent visit, thereby compiling a picture of change in thoughts, moods, attitudes and behaviors over the course of the therapeutic treatment(s). Evaluation is also done monthly to determine how many children were served in all The Center's Programs for Children and how many children required fee subsidy assistance, and the amount needed with breakdown by age, gender and ethnicity.

**Plans to sustain project beyond the term of this request:**

Plans to sustain this project beyond this request include grants from foundations, contributions from the Board of Directors, The Foundation Board, individuals and fees for counseling services.

**Children Impacted:**

**How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?**

4,323

**How many unduplicated children will NCF REQUESTED FUNDS impact?**

336

**Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.**

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	10%	African American	4%
Children (6-13)	63%	Asian American	1%
Young Adults (14-18)	27%	Caucasian	36%
<b>TOTAL:</b>	<b>100%</b>	Hispanic/Latino	46%
		Native American	0%
		Other and Define	13%
		<b>TOTAL:</b>	<b>100%</b>

**City Council District for Which Children are Being Served:**

District1, District2, District3, District4, District5, District6, District7, District8, District9, District10

**Line item Budget:**

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Children's Counseling	\$783,320	\$51,000
Children's Neurologic Therapies	\$25,000	\$15,000

Child-Parent Relationship Training	\$10,000	\$0
Children's Art/Music/Neurologic/Movement Therapy	\$75,000	\$10,000
Child Therapy Training Workshops for Mental Health Professionals	\$124,000	\$0
Camp Wellness	\$25,000	\$5,000
<b>TOTAL:</b>	<b>\$1,042,320</b>	<b>\$81,000</b>

## **OTHER FUNDING RESOURCES**

**For Project being Requested: Funding sources and amounts, pending and committed.**

### **PROJECT - PENDING**

<b>Funder Name</b>	<b>Amount Requested</b>
Cigna Foudnation	\$65,000
Najim Foundation	\$81,000
<b>TOTAL:</b>	<b>\$146,000</b>

### **PROJECT - COMMITTED**

<b>Funder Name</b>	<b>Amount Requested</b>
Valero Benefits for Children	\$40,000
Methodist Healthcare Ministries-Child Therapy	\$100,000
Methodist Healthcare Ministries-Child Parent Relationship Training	\$4,500
Methodist Healthcare Ministries-Neurofeedback for Children	\$32,500
Texas Cavaliers	\$3,000
<b>TOTAL:</b>	<b>\$180,000</b>

**Other funding sources and amounts, pending and committed not specific to this request.**

### **ALL OTHER ORGANIZATION REQUESTS - PENDING**

<b>Funder Name</b>	<b>Amount Requested</b>
May and Stanley Smith	\$50,000
Kronkosky Foundation	\$75,000
Victims of Crime	\$142,000
<b>TOTAL:</b>	<b>\$267,000</b>

### **ALL OTHER ORGANIZATION REQUESTS - COMMITTED**

<b>Funder Name</b>	<b>Amount Requested</b>
Methodist Healthcare Ministries-Pastoral Care	\$157,890
Methodist Healthcare Ministries-Medical Ethics	\$126,231
Methodist Healthcare Ministries-Child Therapy Training Workshops for Mental Health Professionals	\$124,881
<b>TOTAL:</b>	<b>\$409,002</b>

## **BOARD OF DIRECTORS**

**What percentage of your board contributes financially to the organization?**

100%

**If Board giving is not at 100%, please explain why?**

**How are board members expected to participate in your organization?**

Besides financial commitment, Board members volunteer for a variety of different events. they are chairmen of fund-raising committees, make calls to people for contributions and participate in fund-raising events. The Board members also reach out to churches and other organizations to find new locations for counseling offices and they recruit new board members and volunteers. Decorating for events, hanging art, serving food and acting as hosts and hostesses for events are some other invaluable services performed by The Center's Boards.

**LIST OF BOARD DIRECTORS**

<b>Name &amp; Office Held</b>	<b>Corporate Affiliation</b>
Mrs. Nancy Torgerson-Chairman	Community Volunteer
Mr. John Weber, Jr.-Vice Chair	Attorney
Mr. Charles Robinson, III, Treasurer	Robinson Value Management, Ltd.
Mrs. Lupita Medina	Community Volunteer
Mrs. Mary Carter-Secretary	Kuper Realty
Mrs. Mary Ellen Archer	Jefferson Bank
Ms. Lynn Breuer	Community Volunteer
Mrs. Elizabeth Hetrick	Broadway Bank
Rev. Dr. Les Hollon	Senior Pastor Trinity Baptist Church
Dr. Randy Singleton	Physician
Ms. Kristin Tips	Mission Park Funeral Homes
Ms. Jennifer Bennett	President-Impact San Antonio
Maj. Gen. Al Flowers	Retired Military
Ms. Kathy Griesenbeck	President-Future Focus Consulting

**Signature**