

# FUNDING APPLICATION

## GENERAL INFORMATION

### Organization Information

<b>Legal Name:</b> San Antonio Council on Alcohol and Drug Abuse		<b>Federal Tax ID#:</b> 74-1340188		<b>501(c)(3) Public Charity</b> 509 (a)(2)	
<b>Address:</b> 7500 U.S. Highway 90 West, Suite 201		<b>City:</b> San Antonio		<b>State:</b> TX	
				<b>Zip Code:</b> 78227	
<b>Website:</b> www.sacada.org		<b>Fax:</b> (210) 225-4741		<b>United Way Funded:</b> Yes	

### Head Of Organization

<b>Name:</b> Abigail Garza Moore		<b>Title:</b> Chief Executive Officer	
<b>E-Mail Address:</b> amoore@sacada.org		<b>Phone:</b> (210) 225-4741	

### Application Contact

<b>Name:</b> Velda Robles Schalk		<b>Title:</b> Development Director		<b>E-Mail Address:</b> vschalk@sacada.org		<b>Phone:</b> (210) 225-4741	
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### Previous Najim Funding

Year	Funding \$
2008	\$50,000
2013	\$50,000
2015	\$50,000
2016	\$50,000
2017	\$50,000
2018	\$50,000
<b>Total</b>	<b>\$300,000</b>

**Has the organization applied to the Najim Family Foundation in the past and been declined?**

No

<b>Grant Amount Requested \$:</b>	<b>Total Project Budget \$:</b>	<b>Organization's Annual budget \$:</b>
\$100,000	\$1,275,589	\$3,412,396

### Mission Statement:

Empowering our community to live healthy lives; by providing prevention, intervention, and recovery support services for children and adults.

## PROJECT INFORMATION

### Program / Project Title:

To support the Youth Prevention Programs by providing substance abuse prevention education for at-risk youth through in-school programs.

**PROJECT TIMELINE****Start Date****End Date**

09/01/2019

08/31/2020

**Harvey E. Najim Family Foundation Priorities:**

Education

**Education Priorities:**

Elementary to High School

**Program / Project Description:**

SACADA's youth prevention programs implement evidence-based curriculum taught in area schools to at-risk youth, ages 6-18. These programs focus on promoting strong children by teaching at-risk youth about self-esteem and healthy behaviors. Studies show evidence-based prevention teaches children social and emotional learning skills (SEL) and helps reduce adverse childhood experiences (ACEs), traumatic events that occur during their day-to-day lives.

Youth Prevention Universal (YPU) - Curriculum that reaches ALL the general population of elementary and middle school. "Project Heart" reaches elementary, "Too Good for Drugs" reaches middle school. These curriculums are built around the framework of social and emotional skill development. It helps build family and school connectiveness and reinforce healthy social and emotional development in and out of school.

Youth Prevention Selective (YPS) - Curriculum that targets groups at-risk in elementary and middle school, called "Kids Connection" and "Too Good for Drugs." Children in this program are at a higher risk for substance misuse due to their home environment and are typically recommended by teachers. This curriculum focuses on goal setting, healthy decision making, effective communication, peer pressure refusal, pro-social bonding, conflict resolution, and media literacy through lessons, games, and activities to live a substance-free life.

Youth Prevention Indicated (YPI) - Curriculum designed for youth who exhibit risk related behaviors in middle and high school, called "Project Toward No Drug Abuse." Children learn to identify myths associated with substance use, consequences associated with chemical dependency, how to cope with stress and the importance of health as a life value in accomplishing their life goals, how to manage their self-control, and learning social and emotional learning skills to make positive choices and behavior.

Little Warriors Camp - A summer camp for approximately 150 children of military personnel (active duty, retired, veterans, reservists). Designed for children of military who face challenges such as deployment of a parent, frequent moves to different areas, and sometimes deal with injuries or PTSD to a parent. The stress levels (ACEs) these children often deal with can be precursors for substance use and/or mental health problems. Our goal with these summer camps are to work with children of military families, through fun and activities, while teaching them life skills, communication skills, healthy cooking, and the consequences of substance use that can help them build strong coping skills.

There is extensive research that demonstrates children with low social and emotional learning skills and high adverse childhood experiences (ACEs) are more vulnerable to trauma and negative decision making skills. Our program goal is to increase protective factors and reduce risk factors. Some of the protective factors addressed are commitment to school, attachment to teachers, aspirations to attend college, positive self-esteem, increased communication skills, stress management, healthy decision making, and teaching skills to achieve their dreams and goals. Children served typically have a lack of knowledge about the negative consequences associated with using illegal substances, the early onset of use, biological or psychological dispositions, anti-social behavior, sensation seeking, come from low socioeconomic households, are at-risk for school dropout, and generally have a lack of adult supervision.

Teachers, counselors and social workers recommend students for our programs based on observations and/or other risk factors, including their home environment, disciplinary problems at school, and in some instances, a student attending school intoxicated or on drugs. SACADA works with individual schools to set up a schedule to facilitate these 10-12-week curriculum and are taught by trained prevention specialists. Prevention specialists may have as many as 8 groups a day at a school and meet once or twice a week. Depending on the curricula use, group sizes range from 8-25 students.

According to the Surgeon General's Report on Alcohol, Drugs, and Health Facing Addiction in America (Chapter 3: Prevention Programs and Policies), "Given the impact of substance misuse on public health and the increased risk for long-term medical consequences, including substance use disorders, it is critical to prevent substance misuse from starting and to identify those who have already begun to misuse substances and intervene early. Evidence-based prevention interventions, carried out before the need for treatment, are critical because they can delay early use and stop the progression from use to problematic use or to a substance use disorder, all of which are associated with costly individual, social, and public health consequences." "The good news is that there is strong scientific evidence supporting the effectiveness of prevention programs and policies.

Substance use prevention is key to ensuring that children live safe and thriving lives. We have provided services in Bexar County for 62 years. We currently have a waiting list from schools in Bexar County requesting our youth prevention services.

SACADA will not receive funding from United Way for the 2019-2020 fiscal year. We have also been notified that some of our State funding was cut, which will impact more children. This means some full-time staff will lose their position and approximately 2,000 children will not be served. With the support from the Najim Family Foundation, we would continue to make a difference in the lives of our most valuable assets - the children in our community and be able to reach children in schools on our waiting list for services. SACADA will only receive donations made to UW designated to SACADA.

**Evaluation Plan:**

Pre and post surveys are given. After each group session, the prevention specialist documents the progress of the individual student and group. Some middle and high school students are taught in alternative schools due to drug use and/or disciplinary problems.

During the 2017-2018 school year, 5,569 completed our youth prevention education programs. 21,170 youth attended presentations and 21,187 received information on alcohol, tobacco, and other drugs. 90.5% of youth who completed the youth prevention programs report an increase in self-esteem, healthy decision making, improvement in academics, and improved social and emotional skills.

Results include:

- (1) A significant improvement in their feelings of self-worth, decision making skills, and/or their sense of purpose for a better future.
- (2) The indicators used to observe a children's outcomes are pre/post surveys, prevention specialist's reports, and participant/parent/teacher evaluations, and (3) Children will also show a significant improvement in classroom behavior, classroom participation, and/or grades.

**Plans to sustain project beyond the term of this request:**

Knowing the importance of long-term sustainability, SACADA's staff and Board of Directors are constantly developing and implementing plans to diversify our funding. We are confident we will do this through a combination of several strategies.

1. Strengthening both staff and board's fundraising capacity.
2. Building and sustaining relationships with other local foundations.
3. Developing stronger ties to local corporations as well as to small businesses.
4. Improving and innovating on our special events in order to bring in more revenues.
5. Continuing our annual year-end giving campaign through innovative social media platforms.
6. Expanding our individual donor cultivation.

We believe through a fundraising plan combined with an organizations culture of philanthropy, we will be able to sustain our programs to effectively serve the community.

**Children Impacted:**

<b>How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?</b>	<b>How many unduplicated children will NFF REQUESTED FUNDS impact?</b>
43,357	8,500

**Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.**

<b>A. Population Served Age</b>		<b>B. Population Served Ethnicity</b>	
Infants (0-5)	0%	African American	5%
Children (6-13)	50%	Asian American	1%
Young Adults (14-18)	50%	Caucasian	12%
<b>TOTAL:</b>	<b>100%</b>	Hispanic/Latino	82%
		Native American	0%
		Other and Define	0%
		<b>TOTAL:</b>	<b>100%</b>

**City Council District for Which Children are Being Served:**

District2, District4, District7, District10

**Line item Budget:**

<b>Line Item Description</b>	<b>Total Project Funds Allocation</b>	<b>Najim Funds Allocation</b>
Salary	\$722,880	\$0
Fringe Benefit Costs	\$188,407	\$0
Travel	\$29,524	\$0
Professional Fees	\$29,363	\$10,000
Indirect	\$147,446	\$0
Supplies & Curriculum Materials	\$86,534	\$60,000
Other Expense (peer to peer support services, staff training)	\$71,435	\$30,000
<b>TOTAL:</b>	<b>\$1,275,589</b>	<b>\$100,000</b>

**OTHER FUNDING RESOURCES**

**For Project being Requested: Funding sources and amounts, pending and committed.**

**PROJECT - PENDING**

<b>Funder Name</b>	<b>Amount Requested</b>
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Najim Family Foundation	\$100,000
	\$0
<b>TOTAL:</b>	<b>\$100,000</b>

**PROJECT - COMMITTED**

<b>Funder Name</b>	<b>Amount Requested</b>
Texas Department of State Health Services	\$1,055,500
<b>TOTAL:</b>	<b>\$1,055,500</b>

**Other funding sources and amounts, pending and committed not specific to this request.**

**ALL OTHER ORGANIZATION REQUESTS - PENDING**

<b>Funder Name</b>	<b>Amount Requested</b>
Valero BFC Grant	\$50,000
<b>TOTAL:</b>	<b>\$50,000</b>

**ALL OTHER ORGANIZATION REQUESTS - COMMITTED**

<b>Funder Name</b>	<b>Amount Requested</b>
Greehey Family Foundation	\$10,000
<b>TOTAL:</b>	<b>\$10,000</b>

**BOARD OF DIRECTORS**

**What percentage of your board contributes financially to the organization?**  
100%

**If Board giving is not at 100%, please explain why?**

**How are board members expected to participate in your organization?**  
SACADA Board of Directors donate financially at different levels, dependent on their financial resources. Along with the Development Director, the Board is responsible for the fundraising and development plan for SACADA, including assisting with fundraising events. Each Board member represents different community sectors with various expertise. They lend their time and expertise based on SACADA's needs and seek new relationships that collaborate with the agency.

**LIST OF BOARD DIRECTORS**

<b>Name &amp; Office Held</b>	<b>Corporate Affiliation</b>
Mr. Randall S. Garcia, President	Creative Campaigns
Mr. Dick Coons, Vice President	WellMed Medical Management
Dr. Jeanie Murphy, Secretary	University of Phoenix
Mr. John P. Locke, Past President	Valero Energy Corporation
Mr. Allan DuBois, Member	Law Office of Allan K. DuBois, P.C.
Ms. Sara E. Dysart, Member	Attorney at Law
Dr. Steve Henry, Member	Retired
Mr. Jamie Hoggatt, Member	Network Funding, LP
Ms. PeTrina McIntyre, Member	U.S. Army South
Dr. Jennifer Potter, Member	University of Texas Health Science Center - Long School of Medicine
Ms. Diana Y. Serna, CPA	Wells Fargo

Dr. Able Gonzales, Member	The University of Texas at San Antonio
Dr. Ramon G. Reyes, Member	Bandera Family Medical Group
Mr. T. J. Mayes	Phipps Deacon Purnell, PLLC
Mr. Edgar Anderson	USAA
<b>Signature</b> Abigail G. Moore	