

# FUNDING APPLICATION

## GENERAL INFORMATION

### Organization Information

<b>Legal Name:</b> San Antonio Council on Alcohol and Drug Abuse		<b>Federal Tax ID#:</b> 74-1340188		<b>501(c)(3) Public Charity</b>	
<b>Address:</b> 7500 U.S. Highway 90 West, Suite 201	<b>City:</b> San Antonio	<b>State:</b> TX	<b>Zip Code:</b> 78227		
<b>Website:</b> www.sacada.org		<b>Fax:</b> (210) 225-4741		<b>United Way Funded:</b> Yes	

### Head Of Organization

<b>Name:</b> Abigail Garza Moore	<b>Title:</b> CEO
<b>E-Mail Address:</b> amoore@sacada.org	<b>Phone:</b> (210) 225-4741

### Application Contact

<b>Name:</b> Velda Robles Schalk	<b>Title:</b> Development Director	<b>E-Mail Address:</b> vschalk@sacada.org	<b>Phone:</b> (210) 225-4741
-------------------------------------	---------------------------------------	--	---------------------------------

### Previous Najim Funding

Year	Funding \$
2008	\$50,000
2013	\$50,000
2015	\$50,000
2016	\$50,000
2017	\$50,000
<b>Total</b>	<b>\$250,000</b>

**Has the organization applied to the Najim Family Foundation in the past and been declined?**

No

Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:
\$65,000	\$1,550,595	\$3,412,396

### Mission Statement:

Empowering our community to live healthy lives; by providing prevention, intervention, and recovery support services for children and adults.

## PROJECT INFORMATION

### Program / Project Title:

To support the Project Heart program by providing substance abuse prevention education to at-risk youth through in-school and after school programs.

### Harvey E. Najim Family Foundation Priorities:

**Program / Project Description:**

Project Heart is our evidenced-based youth prevention programs taught in area schools to at-risk youth, ages 6-18. These children typically have a lack of knowledge about the negative consequences associated with using illegal substances, early onset of use, biological or psychological dispositions, antisocial behavior, sensation seeking, and have a lack of adult supervision. A few protective factors that Project Heart Programs address are commitment to school, attachment to teachers, aspirations to go to college, positive self-esteem, and child's involvement in prosocial activities. SACADA's Project Heart program goals are to increase self-esteem, increase communication skills, teach children how to manage stress, encourage healthy decision making and give children the skills to achieve their dreams and goals. Teachers and counselors recommend students to be put into Project Heart sessions based on their observations of the child and or other risk factor(s) the teacher is aware of. SACADA's Project Heart Program works with schools and community organizations to set up the schedule and times to facilitate the curriculum. Project Heart Programs are facilitated by trained prevention specialists. Sessions are with children in the 1st grade to 12th grade. Prevention specialists may have as many as 8 groups a day at a particular school. Prevention specialists meet with their groups of students once or twice a week for 12- weeks. Depending on the curricula used, group sizes range from 8 - 25 students.

According to the Texas Department of State Health Services, San Antonio's average age for first use of alcohol, tobacco, and/or marijuana is 11 years old, getting younger every year. Research shows that 90% of addictions begin in the teenage years. Youth who begin to experiment with substances before the age of 15 are four times more likely to become addicted. Most of the youth we work with are economically disadvantaged, may be or have been in foster care, and/or have a parent that is incarcerated. Children who experience trauma are more likely to develop a substance use disorder as an adult. Last year, 16% of students in Bexar County were disciplined due to possession of a controlled substance and the average age of admission for treatment in Texas was 16 years old.

The Surgeon General's Report on Alcohol, Drugs, and Health Facing Addiction in America, 2016, (Chapter 3: Prevention Programs and Policies) states, "Given the impact of substance misuse on public health and the increased risk for long-term medical consequences, including substance use disorders, it is critical to prevent substance misuse from starting and to identify those who have already begun to misuse substances and intervene early. Evidence-based prevention interventions, carried out before the need for treatment, are critical because they can delay early use and stop the progression from use to problematic use or to a substance use disorder, all of which are associated with costly individual, social, and public health consequences." "The good news is that there is strong scientific evidence supporting the effectiveness of prevention programs and policies. This is what 75% of our work at SACADA is.

Substance use prevention is key to ensuring that children live safe and thriving lives. We have provided services in Bexar County for 60 years. We currently have waiting lists from schools in Bexar County requesting our youth prevention services. With the support from the Najim Family Foundation, SACADA will be able to reach out to more youth in our community and make an impact in their lives. We were notified by the United Way of San Antonio that our funding will be cut by 20% for our fiscal year beginning September 2, 2018, which leaves us a larger gap to fill.

**Evaluation Plan:**

Progress is documented on individual students. Some middle/high school students are in alternative school due to drug use/disciplinary issues. Many are economically disadvantaged, at risk for dropping out of school or becoming a teen parent. Overwhelming numbers are currently in the foster care system or have a parent who is incarcerated. Schools request this program because they see improvement in academic performance, behavior, and self-esteem. The program teaches youth through prevention education in schools and after school programs, encouraging healthy behaviors.

92% show an increase in self-esteem, healthy decision making, improvement in academics, pro social and emotional skills. Last year, 6,784 youth completed Project Heart. 6,329 participated in activities to reinforce lessons taught. 21,093 youth attended presentations about alcohol, tobacco and drugs.

Pre/post surveys are done by students/teachers/parents/SACADA staff. Expected results are improvement in self-worth, decision-making, improvement in classroom behavior, participation, grades, sense of purpose for their future.

**Plans to sustain project beyond the term of this request:**

Plans to sustain this program including fundraising events and applying for grants through foundations and local businesses. SACADA is always seeking partners in the community to collaborate with and those who are in need of Project Heart Youth Prevention services. SACADA applies for federal and state grants that provide youth prevention services as well.

**Children Impacted:**

**How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?**

38,000

**How many unduplicated children will NFF REQUESTED FUNDS impact?**

7,500

**Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.**

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	0%	African American	5%
Children (6-13)	45%	Asian American	1%
Young Adults (14-18)	55%	Caucasian	15%
<b>TOTAL:</b>	<b>100%</b>	Hispanic/Latino	79%
		Native American	0%
		Other and Define	0%
		<b>TOTAL:</b>	<b>100%</b>

**City Council District for Which Children are Being Served:**

District2, District3, District4

**Line item Budget:**

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Salary	\$839,431	\$0
Fringe Benefit Costs	\$229,030	\$0
Travel	\$54,949	\$0
Professional Fees	\$9,347	\$0
Indirect	\$186,962	\$0
Supplies & Curriculum Materials	\$74,134	\$46,400

Other Expense (peer to peer support services, staff training)	\$156,742	\$18,600
<b>TOTAL:</b>	<b>\$1,550,595</b>	<b>\$65,000</b>
<b>OTHER FUNDING RESOURCES</b>		
<b>For Project being Requested: Funding sources and amounts, pending and committed.</b>		
<b>PROJECT - PENDING</b>		
<b>Funder Name</b>	<b>Amount Requested</b>	
Najim Family Foundation	\$60,000	
Texas Cavaliers Charitable Foundation	\$20,000	
	\$0	
<b>TOTAL:</b>	<b>\$80,000</b>	
<b>PROJECT - COMMITTED</b>		
<b>Funder Name</b>	<b>Amount Requested</b>	
Texas Department of State Health Services	\$1,365,500	
United Way of San Antonio	\$120,095	
<b>TOTAL:</b>	<b>\$1,485,595</b>	
<b>Other funding sources and amounts, pending and committed not specific to this request.</b>		
<b>ALL OTHER ORGANIZATION REQUESTS - PENDING</b>		
<b>Funder Name</b>	<b>Amount Requested</b>	
Valero BFC Grant	\$50,000	
<b>TOTAL:</b>	<b>\$50,000</b>	
<b>ALL OTHER ORGANIZATION REQUESTS - COMMITTED</b>		
<b>Funder Name</b>	<b>Amount Requested</b>	
Community Fdn of the Texas Hill Country	\$10,000	
<b>TOTAL:</b>	<b>\$10,000</b>	
<b>BOARD OF DIRECTORS</b>		
<b>What percentage of your board contributes financially to the organization?</b>		
100%		
<b>If Board giving is not at 100%, please explain why?</b>		
<b>How are board members expected to participate in your organization?</b>		
Board members serve as our Brand Ambassadors by speaking in the community about our organization. They are all asked to contribute financially and also help in procuring attendees and/or sponsorships to our two fundraisers each year- our annual charity golf tournament in June and luncheon with keynote speaker in October.		
<b>LIST OF BOARD DIRECTORS</b>		
<b>Name &amp; Office Held</b>	<b>Corporate Affiliation</b>	
Mr. Randall S. Garcia, President	Creative Campaigns	
Mr. Dick Coons, Vice President	WellMed Medical Management	
Major General, USAF, (Ret) Robert Parker, Treasurer	Self employed	

Dr. Jeanie Murphy, Secretary	University of Phoenix
Mr. John P. Locke, Past President	Valero Energy Corporation
Mr. Edgar	USAA
Mr. Randy Carswell, Member	Randolph-Brooks Federal Credit Union
Mr. Allan DuBois, Member	Attorney at Law
Ms. Sara E. Dysart, Member	Attorney at Law
Dr. Steve Henry, Member	Retired
Mr. Jamie Hoggatt, Member	Security National Mortgage Company
Ms. PeTrina McIntyre, Member	U.S. Army South
Dr. Jennifer Potter, Member	University of Texas Health Science Center - Long School of Medicine
Mr. Jim Rector, Member	Site Control, LLC
Ms. Diana Y. Serna, CPA	NuStar Energy
<b>PROJECT TIMELINE</b>	
<b>Start Date</b>	<b>End Date</b>
09/01/2018	08/31/2019