

FUNDING APPLICATION

GENERAL INFORMATION			
Organization Information			
Legal Name: Guardian House	Federal Tax ID#: 74-2780384	501(c)(3) Public Charity 509 (a)(1)	
Address: 1818 San Pedro	City: San Antonio	State: TX	Zip Code: 78212
Website: www.guardianhouse.org	Fax: (210) 733-3349	United Way Funded: No	
Head Of Organization			
Name: Shannon White, MS, LPC-S		Title: Executive Director	
E-Mail Address: swhite@guardianhouse.org		Phone: (210) 733-3349	
Application Contact			
Name: Sonia Lopez	Title: Director of Development	E-Mail Address: slopez@guardianhouse.org	Phone: (210) 733-3349
Previous Najim Funding			
Year	Funding \$		
2007	\$25,000		
2011	\$7,500		
2014	\$50,000		
2015	\$50,000		
2016	\$50,000		
2017	\$50,000		
2018	\$65,000		
Total	\$297,500		
Has the organization applied to the Najim Family Foundation in the past and been declined?			
Yes 2009 - \$10,470, 2010 - \$25,000, 2012 - \$28,800			
Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:	
\$65,000	\$267,375	\$1,088,200	
Mission Statement:			
We embrace each child by teaching families how to build strong, positive relationships by shielding children from family conflict, promoting positive parenting & relationships, and keeping children and families connected.			
PROJECT INFORMATION			
Program / Project Title:			

To support the 'Helping Our Parents Excel (HOPE)' Parenting Program with Access to Counseling Services.

PROJECT TIMELINE

Start Date	End Date
05/01/2019	04/30/2020

Harvey E. Najim Family Foundation Priorities:

Child Abuse & Child Neglect

Program / Project Description:

The HOPE (Helping Our Parents Excel) Education and Counseling Program is offered to parents and caregivers with a history of adverse childhood experiences that put them at high risk of abusing their children. The program is two-pronged - education and counseling. This hybrid program is unique in that mental health counseling services are offered in conjunction with parent education classes - each mutually serving as a supportive measure to the other. The combined parent education/mental health approach allows at-risk clients to reshape maladaptive behaviors through learning and using coping strategies, recognizing triggers, and increasing self-awareness. Sessions are facilitated by culturally-competent, trauma-informed professional educators and licensed counselors who cultivate an objective and therapeutic environment. Classes are offered free and counseling sessions are offered free or at a sliding scale fee.

The Education Component

Parenting education classes are specifically adapted to the needs of high-risk families and designed for parents and caregivers who are living in poverty and involved in the child welfare system. The curriculum implements the foundation of understanding cognitive, emotional, and physical development of children ages 0-8 and develops the skills and behaviors associated with healthy, effective parenting, especially in times of high stress. The education component is delivered in a 10-week series of 2.5-hour competency-based, intervention classes using the final adapted version of the evidence-based Nurturing Parenting curriculum. This curriculum focuses on five constructs of Nurturing philosophy related to children ages birth to age 8: appropriate expectations in alignment with physical, emotional and developmental capabilities; empathy in meeting the needs of self and child; corporal punishment versus effective discipline; reversing family roles and expectations; and, power and independence.

The Counseling Component

The learning is supplemented with targeted counseling for individuals who score above a 4 on the Adverse Childhood Experiences (ACES) Survey. Behavioral and cognitive mental health issues that may otherwise detract parents from full class participation are addressed in these counseling sessions and clients (parents and children) are provided with strategies to increase protective factors and decrease the risk factors associated with a history of trauma. These therapeutic strategies and interventions ensure parents and children have adequate coping skills to mitigate the stress factors often associated with family violence and child abuse and can help break the cycle of abuse and decrease the probability of children experiencing violence in the household. Counseling sessions are offered to individuals, couples, children and families. Additional services include kids play therapy and family reunification counseling for families who have experienced high-conflict separations and divorce that have led to estrangement.

This two-pronged collaboration aims to: 1) allow for expansion of child and adult mental health access, 2) work toward greater parenting efficacy by offering specially-designed parent education to a targeted demographic and 3) utilize the collaborative platform to educate the community about trauma and child abuse prevention.

Past indicators of success: Parent participants who had children in the home reported using at least one alternative to spanking three out of five times. Parents whose children had been removed reported intent to try new positive discipline strategies with their children. Parents also demonstrated an increase in knowledge at post-test of understanding developmental milestones, emotional empathy, and corporal punishment; 100% of parents demonstrated an increase in helping children express emotions. Over 3/4 of participants reported "feeling connected" to the group and felt more hopeful about the future. Areas of improvement were identified relating to parental power over children and providing choices and independence, attributable to long-held traditions and beliefs about a parent's role of being "in charge" and "not losing control. We continue to have wait lists for our services and our counseling measurement ratings continue to show successful client outcomes.

The need for this program is significant. In 2018 there were 5,865 confirmed cases of child abuse in Bexar County, an increase of 9.4% over 2017. In Bexar County 678 of the confirmed cases were for physical abuse and 496 were for sexual abuse (TDFPS 2018 Data Book). In 2018, this education component served 310 parents and 647 children from low-income areas of San Antonio who are experiencing homelessness, poverty, or other stressors that indicate their children may be at risk for abuse or neglect.

Evaluation Plan:

GH measures the quality and performance of HOPE through a combination of qualitative and quantitative outcome measurements. We collect demographic data on clients during intake with each family and collect satisfaction data via qualitative questions administered via phone or paper survey. In our HOPE program, we expect our clients to gain the skills and tools necessary to discipline and parent their children without abuse or neglect. This will increase the parent's child development skills, enhance family relationships, and ensure children are not subject to abuse. We track this by administering the Adverse Childhood Experiences (ACES) Survey to help parents understand how childhood adversity relates to adult disorders; the Parental Stress Scale; the Adult-Adolescent Parenting Inventory; the Snyder Hope Scale; and the Protective Factors Scale. Program evaluation is by the Evaluation Manager with assistance from program staff and interns.

Plans to sustain project beyond the term of this request:

Guardian House continually secures revenue streams by actively seeking donations from corporations, private foundations, individual donors, board contributions and federal, state, and local grants to provide funding. With the recent addition of a Director of Development, we are expanding on our resource development efforts with new fundraising initiatives as well as the cultivation of new corporate and foundation donors. Our Board of Directors are influential business leaders in the community who leverage their relationships and areas of specialty in support of our mission. Guardian House leadership is committed to this program continuing even through funding fluctuations through these efforts as well as through thoughtful cost-saving strategies. Long-standing relationships with local universities, for instance, provide us with interns that can work under supervision at no cost to the organization. Additionally, we have secured an insurance carrier partnership with Medicaid.

Children Impacted:

How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?	How many unduplicated children will NFF REQUESTED FUNDS impact?
700	254

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	54%	African American	4%
Children (6-13)	34%	Asian American	0%
Young Adults (14-18)	12%	Caucasian	20%

TOTAL:	100%	Hispanic/Latino	70%
		Native American	0%
		Other and Define	6%
		TOTAL:	100%

City Council District for Which Children are Being Served:

District1, District2, District3, District4, District5, District6, District7, District8, District9, District10

Line item Budget:

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Payroll & Fringe	\$209,079	\$45,000
Utilities	\$3,552	\$1,000
Travel	\$4,734	\$1,500
Program Expense	\$937	\$500
Office Expense	\$1,868	\$500
Merchant Service Fees	\$1,327	\$0
Mortgage	\$7,716	\$6,000
Insurance	\$3,609	\$0
Facilities and Equipment	\$4,693	\$2,500
Employee Recognition	\$345	\$0
Dues and Subscriptions	\$801	\$0
Contract Services	\$27,731	\$8,000
Conferences and Training	\$900	\$0
Advertising and Marketing	\$83	\$0
TOTAL:	\$267,375	\$65,000

OTHER FUNDING RESOURCES

For Project being Requested: Funding sources and amounts, pending and committed.

PROJECT - PENDING

Funder Name	Amount Requested
UW Ready Children Grant	\$165,191
Najim Foundation	\$65,000
TOTAL:	\$230,191

PROJECT - COMMITTED

Funder Name	Amount Requested
Nancy Smith Hurd Foundation	\$75,000
TOTAL:	\$75,000

Other funding sources and amounts, pending and committed not specific to this request.

ALL OTHER ORGANIZATION REQUESTS - PENDING

Funder Name	Amount Requested
Bank of America Charitable Foundation	\$25,000
Shields Ayres	\$25,000

Cowden Foundation	\$25,000
Amy Shelton McNutt	\$10,000
Greehey Family Foundation	\$25,000
Bexar County Grants/Contracts	\$123,600
TOTAL:	\$233,600

ALL OTHER ORGANIZATION REQUESTS - COMMITTED

Funder Name	Amount Requested
VOCA	\$323,208
Nancy Smith Hurd (Dev. Director)	\$75,000
Medicaid Counseling (dependent on #'s)	\$7,719
State Contracts (dependent on #'s)	\$24,370
Earned Income (dependent on #'s)	\$105,000
TOTAL:	\$535,297

BOARD OF DIRECTORS

What percentage of your board contributes financially to the organization?
100%

If Board giving is not at 100%, please explain why?

How are board members expected to participate in your organization?
Board members are expected to financially contribute to the organization, participate in strategic planning sessions, board meetings, and serve on committees. They are also expected to attend fundraising events, secure sponsorship of at least \$2500 for the annual luncheon, leverage community contacts to gain participation in fundraising events, and serve as goodwill ambassadors for GH.

LIST OF BOARD DIRECTORS

Name & Office Held	Corporate Affiliation
Marcello D. Martinez	1718 Architecture
Deepak Garg	Valero
James Gillen	Bineham & Gillen
Tammy Ashby, Chair	Broadway Bank
Ann Hollingsworth Patrie, LTC (R)	338 Oil & Gas
Andrea M. Marks, Treasurer	UT Health San Antonio
Amy Perry, Secretary	Nustar Energy, LP
Guy Douglas	Media Brokers Group
Craig Scott	Cross LLC

Signature
Shannon White, Executive Director