

FUNDING APPLICATION

GENERAL INFORMATION

Organization Information

| | | | | | |
|---|--|---------------------------------------|--|---|--|
| Legal Name: Healthy Futures of Texas | | Federal Tax ID#: 20-5793076 | | 501(c)(3) Public Charity 509 (a)(1) | |
| Address: 2300 W. Commerce St., Ste 212 | | City: San Antonio | | State: Texas | |
| | | | | Zip Code: 78207 | |
| Website: www.hf-tx.org | | Fax: (210) 223-4589 | | United Way Funded: No | |

Fiscal Year:
January 01 to December 31

Head Of Organization

| | | | |
|--|--|---------------------------------|--|
| Name: Evelyn Delgado | | Title: President | |
| E-Mail Address: EDelgado@hf-tx.org | | Phone: (210) 223-4589 | |

Application Contact

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|--------------------------------|--|-----------------------------------|--|---|--|---------------------------------|--|
| Name: Anthony Betori | | Title: Program Director | | E-Mail Address: abetori@hf-tx.org | | Phone: (210) 223-4589 | |
|--------------------------------|--|-----------------------------------|--|---|--|---------------------------------|--|

Previous Najim Funding

| Year | Funding \$ |
|--------------|------------------|
| 2012 | \$20,000 |
| 2013 | \$20,000 |
| 2015 | \$15,000 |
| 2017 | \$20,000 |
| 2018 | \$20,000 |
| 2019 | \$20,000 |
| Total | \$115,000 |

Has the organization applied to the Najim Family Foundation in the past and been declined?
No

| | | |
|---|--|--|
| Grant Amount Requested \$: \$40,000 | Total Project Budget \$: \$218,831 | Organization's Annual budget \$: \$1,993,780 |
|---|--|--|

Mission Statement:
The mission of Healthy Futures of Texas is to reduce teen and unplanned pregnancy in San Antonio and Texas.

PROJECT INFORMATION

Program / Project Title:
To support Healthy Educational Programming and Curriculum Development.

PROJECT TIMELINE

Start Date

08/03/2020

End Date

08/09/2021

Harvey E. Najim Family Foundation Priorities:

Education

Education Priorities:

Elementary to High School

Program / Project Description:

Healthy Futures is requesting \$40,000 in funding for our combined youth education and curriculum development programs. Our educational programs are evidence-based and evidence-informed programs designed for middle and high school students implemented across San Antonio, and we are currently working on developing our own curriculum to increase the use of technology to meet youth where they are and in the manner they learn the best. We are actively filling gaps in the curriculum landscape of sex ed to better serve our San Antonio communities.

In Bexar County, education is the key to addressing the cycle of poverty that so many young people struggle to escape. With a large push for students to graduate high school and move on to higher education or employment, a teen birth could hinder those goals for an individual. Of those who dropped out of high school, 30% cite pregnancy or parenthood as a reason. Sixty-seven percent of youth who move out of their family's household live below the poverty level and less than a quarter of teen mothers receive any child support payments. Children born to teen mothers are 50% more likely to repeat grades and less likely to graduate high school. Pregnant teens are at an increased risk of domestic violence. Bexar County is seeing higher teen pregnancy rates among low-income and minority youth, resulting in higher rates of low birth weight, preterm birth, and infant mortality. Bexar County teens are 49% more likely than youth around the country to become parents and thus more likely to live in poverty. For youth who do graduate from high school and move on to higher education, an unplanned pregnancy too often means the end of their college career. Sixty-one percent of community college students who have children after enrolling do not finish their education--which is a dropout rate 65% higher than for women who do not have children while in college. Nationally, unplanned births account for nearly one in 10 dropouts among female community college students. Higher education and college completion directly relate to increased salary potential, upward social mobility, improved maternal and child outcomes, and decreasing the risk of poverty.

We address this issue through a variety of programs, including the implementation of the following curricula:

- o Big Decisions: abstinence-plus curriculum for teens with topics on goals & dreams, relationships, reproductive anatomy, practicing refusal skills, contraception & sexually transmitted infections.
- o Draw the Line/Respect the Line: an evidence-based program that helps middle school students set & defend their limits & respect others' limits.
- o Love Notes: curriculum focusing on building young people's skills to maintain long-term, healthy relationships.
- o Get Real: an innovative set of lessons that utilize many of the best practices in sex ed, including role plays & parent programming.
- o Seventeen Days: An online, self-guided curriculum designed for young women to build a personal strategy for health & wellness in their relationships.

Healthy Futures accomplishes our mission through a complementary strategy of clinical referrals, education, and curriculum development for low-income youth and parents, strengthening partnerships with other youth-serving agencies, focusing on areas of San Antonio with the highest teen birth rates, and advocacy surrounding teen pregnancy prevention to empower youth and families to reach their full potential.

In 2020, we are also working to ensure our curriculum is as effective as possible, building more in-depth partnerships with our community partners and cross-training their staff on relevant skills (such as trauma-informed care, facilitation, inclusivity and more) through our Embedded Staff Person program. We are also investigating a stronger use of technology and more education regarding the internet. Recent research shows that there is an urgent need for sexual health organizations to address the emerging reality of teens using dating apps and interacting with information about sex and relationships online.

Current partners include: Haven for Hope, The Children's Shelter, the Salvation Army Boys and Girls Club, SA Youth, Good Samaritan, IDEA Walzem, IDEA Ingram Hills, Keystone School, Temple Beth-El, and more.

Evaluation Plan:

Healthy Futures evaluates programs and services in a variety of ways in addition to prioritizing the use of evidence-based curriculum. Since evidence-based programs have already demonstrated behavioral changes with statistical significance, sessions are focused on knowledge and skills gained through attending sessions.

Listed below are measures collected with each implementation of programs:

- o Focus Groups to develop qualitative data about student, faculty, and parent experiences
- o Fidelity monitoring and observations of facilitators
- o Attendance Reports
- o Demographic Information

In addition to evaluating services and programs, Healthy Futures performs annual evaluations to assess individual staff performance. Evaluations are used to provide continuous quality improvement in program delivery and professional development opportunities.

Plans to sustain project beyond the term of this request:

Healthy Futures of Texas will sustain our health education programs through diversified funding, grant writing initiatives, special event sponsorships, individual donations, and increased marketing and branding. Healthy Futures has initiated the use of workgroups within the organization to help with fundraising, marketing and dissemination of our in-house Big Decisions curricula. These committees are building diversified fundraising efforts, such as digital campaigns and a major gifts program. Over the past 14 years, the reputation we have developed in managing high levels of funding and presenting evidence-based and evidence-informed programs on the specialized topic of teen pregnancy prevention uniquely positions us to be competitive for funding in this space.

Children Impacted:

| | |
|---|--|
| How many unduplicated children will the TOTAL PROJECT INITIATIVE impact? | How many unduplicated children will NFF REQUESTED FUNDS impact? |
| 400 | 400 |

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

| A. Population Served Age | | B. Population Served Ethnicity | |
|---------------------------------|-------------|---------------------------------------|-------------|
| Infants (0-5) | 0% | African American | 6% |
| Children (6-13) | 35% | Asian American | 0% |
| Young Adults (14-18) | 65% | Caucasian | 8% |
| TOTAL: | 100% | Hispanic/Latino | 86% |
| | | Native American | 0% |
| | | Other and Define | 0% |
| | | TOTAL: | 100% |

City Council District for Which Children are Being Served:

District2, District3, District7

Line item Budget:

| Line Item Description | Total Project Funds Allocation | Najim Funds Allocation |
|--|---------------------------------------|-------------------------------|
| Salaries and Benefits | \$168,585 | \$20,500 |
| Professional Fees | \$19,012 | \$3,500 |
| Program and Office Supplies, Meeting Expenses | \$17,982 | \$10,000 |
| Occupancy Expenses | \$6,525 | \$1,000 |
| Travel Expenses | \$3,461 | \$2,500 |
| Miscellaneous Expenses | \$3,266 | \$2,500 |
| TOTAL: | \$218,831 | \$40,000 |

OTHER FUNDING RESOURCES**For Project being Requested: Funding sources and amounts, pending and committed.****PROJECT - PENDING**

| Funder Name | Amount Requested |
|--------------------|-------------------------|
| Valero Energy | \$50,000 |
| Greehey Foundation | \$25,000 |
| TOTAL: | \$75,000 |

PROJECT - COMMITTED

| Funder Name | Amount Requested |
|--|-------------------------|
| Baptist Health Foundation | \$50,000 |
| UT Teen Health - Special Populations Grant | \$45,000 |
| Shield-Ayers Foundation | \$10,000 |
| Valero BFC | \$15,000 |
| TOTAL: | \$120,000 |

Other funding sources and amounts, pending and committed not specific to this request.**ALL OTHER ORGANIZATION REQUESTS - PENDING**

| Funder Name | Amount Requested |
|---------------------|-------------------------|
| Bank of America | \$15,000 |
| Myra Stafford Pryor | \$7,040 |
| Anna Lalor Burdick | \$20,000 |
| TOTAL: | \$42,040 |

ALL OTHER ORGANIZATION REQUESTS - COMMITTED

| Funder Name | Amount Requested |
|---------------------------------|-------------------------|
| Office of Adolescent Health | \$861,000 |
| Federal Youth Services Bureau | \$668,000 |
| San Antonio Metropolitan Health | \$25,000 |
| TOTAL: | \$1,554,000 |

BOARD OF DIRECTORS

What percentage of your board contributes financially to the organization?

100%

If Board giving is not at 100%, please explain why?

How are board members expected to participate in your organization?

Our Board Members meet bi-monthly for general meetings, and meet additionally based on their committee participation, including marketing and finance committees. Board Members participate in fundraising by assisting in recruiting for and planning events, and will have increasing roles in fundraising as our Major Gifts program launches in 2020.

LIST OF BOARD DIRECTORS

| Name & Office Held | Corporate Affiliation |
|-----------------------------------|---|
| Clarissa Chavarria, Chair | San Antonio Municipal Court |
| Ethan Jones, Immediate Past Chair | Valero Energy |
| Judy Dones, Vice Chair | UTSA |
| R. Moss Hampton, Treasurer | OB-GYN |
| Unity Puente, Secretary | CPS Energy |
| Adelina Silva | Alamo Colleges |
| Lorna Stafford | San Antonio Area Foundation |
| Gilbert Gonzalez | Bexar County Department of Behavioral and Mental Health |

Signature

Anthony Betori