

FUNDING APPLICATION

GENERAL INFORMATION

Organization Information

Legal Name: Anger Solutions, Inc.		Federal Tax ID#: 31-1731468		501(c)(3) Public Charity 509 (a)(2)	
Address: 900 NE Loop 410, Suite D307		City: San Antonio		State: Texas	
				Zip Code: 78209	
Website: www.lifeskillsforliving.org		Fax: (210) 804-0085		United Way Funded: No	

Head Of Organization

Name: Michael Pursley		Title: Executive Director	
E-Mail Address: mpursley@lifeskillsforliving.org		Phone: (210) 804-0085	

Application Contact

Name: Shelly Power		Title: Consultant		E-Mail Address: spower@lifeskillsforliving.org		Phone: (210) 849-7157	
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Has the organization applied to the Najim Family Foundation in the past and been declined?

Yes
January 10. 2017

Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:
\$7,500	\$21,796	\$11,500

Mission Statement:

The mission of Life Skills is to empower people to live peaceful and productive lives.

PROJECT INFORMATION

Program / Project Title:

To support the FOCAS (Focus on Communicating Anger Successfully) educational program for children and youth.

PROJECT TIMELINE

Start Date	End Date
05/01/2019	04/30/2020

Harvey E. Najim Family Foundation Priorities:

Education

Education Priorities:

Program / Project Description:

The FOCAS program crosscuts the boundaries of psychosocial education, client-centered interventions, group dynamics, and community mental health through collaboration with professionals who understand brain chemistry as well as human behavior and trained volunteer facilitators who have a passion for helping kids and teens learn effective and healthy emotional management skills. FOCAS offers a powerful solution to an expensive community mental health education problem. Negative anger pervades our society and has led to many tragic consequences at a personal and community level as evidenced by countless incidents of gun and other types of violence, substance abuse, and problems successfully completing educational degrees and keeping gainful employment.

This program allows children and youth who are at risk to realize that harmful behavior and anger-induced crime is not the way out. FOCAS promotes violence-free family life because LSL realizes children who grow up in loving environments perform better in school and later on the job. However, statistics have shown that many youth tragically do not grow up in positive, loving environments and there is a direct correlation between negative childhood events and environment and anger propensity ("Prevalence and Correlates of Anger in the Community: Results from a National Survey", US Health and Human Services Author Manuscript, April 1, 2016).

This program proactively offers an evidence-based, structured course designed for children and teens to learn key tools to peacefully and successfully manage anger and stress in their lives for a lifetime that enables youth to triumph over negative home and environmental circumstances.

Evaluation Plan:

The FOCAS program uses quantitative and qualitative measures to evaluate program impact. Quantitative assessments consist of pre- and post- session surveys to measure changes in knowledge and attitudes prior to attending and upon completion of the course. Qualitative assessments include interviews with classroom children and youth with instructors to determine in greater detail: 1) how effectively the educational workshops helped children and youth understand and conquer negative/harmful expressions of anger/stress, and 2) whether the application of skills learned in the training sessions resulted in children and youth experiencing permanent and positive changes.

Plans to sustain project beyond the term of this request:

Life Skills for Living has partnerships with two of the largest school districts in San Antonio (NISD and NEISD) along with Haven for Hope, Youth for Christ, and the Bexar County Juvenile Justice Academy and several Christian schools. We have brought the FOCAS program to several of these organizations directly teaching 500+ children and teens our program, and plan to continue to do so into the future as funding provides to facilitate FOCUS to children age 9-17. It is our goal to expand to other school districts and youth groups as fast as possible and as funding permits with the goal of facilitating FOCAS to a minimum of 150 kids annually.

Children Impacted:

How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?	How many unduplicated children will NFF REQUESTED FUNDS impact?
500	200

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	0%	African American	6%
Children (6-13)	40%	Asian American	1%
Young Adults (14-18)	60%	Caucasian	22%
TOTAL:	100%	Hispanic/Latino	70%
		Native American	1%

	Other and Define	0%
	TOTAL:	100%

City Council District for Which Children are Being Served:

District1, District2, District3, District6, District7, District8

Line item Budget:

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Part-time Stipend Expense	\$7,500	\$2,400
Course taping and editing	\$675	\$200
Class equipment and supplies	\$3,990	\$1,500
Travel/mileage stipends	\$1,440	\$1,500
Marketing and promotion	\$885	\$400
Graduation expenses	\$1,700	\$900
Publication of FOCAS children's book	\$1,500	\$600
In-kind volunteer expenses	\$4,106	\$0
TOTAL:	\$21,796	\$7,500

OTHER FUNDING RESOURCES

For Project being Requested: Funding sources and amounts, pending and committed.

PROJECT - PENDING

Funder Name	Amount Requested
Lattner Family Foundation	\$10,000
TOTAL:	\$10,000

PROJECT - COMMITTED

Funder Name	Amount Requested
St. Luke's Men's Club	\$300
TOTAL:	\$300

Other funding sources and amounts, pending and committed not specific to this request.

ALL OTHER ORGANIZATION REQUESTS - PENDING

Funder Name	Amount Requested
Jack Light Charitable	\$5,000
Elizabeth Coates Charitable	\$5,000
TOTAL:	\$10,000

ALL OTHER ORGANIZATION REQUESTS - COMMITTED

Funder Name	Amount Requested
Baptist Health Foundation	\$7,500
First Presbyterian Church	\$5,000
Mays Family Foundation	\$5,000
San Antonio Area Foundation Community	\$20,000
Elizabeth Huth Coates Charitable Trust	\$5,000

Trinity Baptist Church	\$2,600
TOTAL:	\$45,100
BOARD OF DIRECTORS	
What percentage of your board contributes financially to the organization?	
100%	
If Board giving is not at 100%, please explain why?	
N/A	
How are board members expected to participate in your organization?	
<p>We expect and require that our Board of Directors commit to give in at least one of three ways:</p> <ul style="list-style-type: none"> - Through their time by regularly and consistently attending and participating in all Board and subcommittee meetings and LSL major events (such as fundraising and giving opportunities), - Through their talent by regularly volunteering and participating in work and leadership efforts to help us fulfill our mission, and; - Through their treasure by regular financial contributions to our operating budget. 	
LIST OF BOARD DIRECTORS	
Name & Office Held	Corporate Affiliation
Thomas Hill, President	Tripoint Lead - TBC
Tadd Chapman, Vice President	The Momentum Group Realty
Terry Warth, Secretary	CBRE Inc.
Hope Garza, Member	Retired Public School Administrator
Mary Osborne, Member	Oakwell Dental
Carter Speer, Member	Briggs Ranch Realty
George Watson, Jr., Treasury	AMetamorphosis
Jay Burchfield, Non-voting Member	Life Skills for Living, Inc.
Michael Pursley, Non-voting Member	Life Skills for Living, Inc.
Adrienne Haupt, Secretary to the Board	Life Skills for Living, Inc.
Signature	
Shelly Power	