FUNDING APPLICATION

GENERAL INFORM	MATIO	N				
Organization Information	on					
Legal Name:		Federal Tax ID#:		501(c)(3	501(c)(3) Public Charity	
Chosen Care, Inc.		81-2872095		509 (a)(1)		
Address:	City:	1	State:		Zip Code:	
8535 Tom Slick, Bldg 1	San Ant	onio	TX		78229	
Website: Fax:			United	Way Funded:		
www.chosen.care (512) 632-1599			Yes			
Fiscal Year:						
January 01 to December 3	31					
Head Of Organization						
Name:			Title:			
Jenni Lord			Chief Executive Officer			
E-Mail Address:			Phone:			
jenclord@chosen.care		(830) 455-0101				
Application Contact						
Name:	Title:		E-Mail Address	:	Phone:	
Jameela Jones	Mission Advancement Coordinator		jenclord@chosen.care		(512) 632-1599	
Previous Najim Funding	g					
Year			Funding \$			
2017			\$10,000			
2018			\$25,000			
2019			\$50,000			
Total			\$85,000			
Has the organization ap	plied to tl	ne Najim Family	Foundation in the	e past and	d been declined?	
Yes 2016 - \$24,475						
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Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:

\$100,000 \$786,376 \$1,240,779

Mission Statement:

Chosen serves the mental and behavioral health needs of children affected by abuse and neglect. Chosen's mission is to help children heal from trauma by strengthening their families.

PROJECT INFORMATION

Program / Project Title:

To support Core Services to include Catalytic Clinical Expansion, Specialized Training in treatment of sexual abuse, Phase 2 of Developmental Dyadic Psychotherapy and Establishment of a third-party payer system for children affected by abuse and neglect.

PROJECT TIMELINE	
Start Date	End Date
06/01/2020	06/01/2021

Harvey E. Najim Family Foundation Priorities:

Child Abuse & Child Neglect

Program / Project Description:

Chosen's Programs exists to meet the mental and behavioral health needs of children affected by abuse and neglect. We are relentless in setting hurt children on a path of healing with programs that use the best trauma-informed practices and a deep life-on-life approach. Core services are trauma-informed education, developmental dyadic psychotherapy, and mentoring, along with targeted case management using evidence-based methodologies. Our unique model of care addresses the holistic needs of the child and each family member.

Model of care includes a customized four prong approach: 1.) Parent Education with trauma specific coaching and a subsequent science-based action plan using Trust-Based Relational Intervention(C) curriculum as a foundation to educate parents on how to best care for their hurting children. 2.) Evidence-based therapeutic services and resources. These attachment-focused services include Child Parent Relationship Therapy, Dyadic Developmental Psychotherapy, Adult Attachment Interviews, and/or trauma-informed therapists 3.) Targeted case management to ensure children and parents have needs met; includes referrals to meet educational, medical, occupational, and social needs.4.) Peer mentoring when stability in the home has been attained. Certified peer mentors are trained at varying levels of trauma-informed techniques and are matched with clients that share a similar experience; mentors provide support, reinforce attachment concepts, and give accountability.

Problem: there is a significant lack of help for healing of abused or neglected children once they are placed in a new family or with a relative. This leaves well-intentioned families under-equipped to meet the unique needs of a traumatized child. A matched child for a family is not enough. Children in the welfare system suffer trauma and are left with mental and emotional damage that manifests in behavioral issues.

The impact of this trauma often leaves children in a state of fight, flight or freeze and subsequently unable to attach to their new caregivers. Frustration and feelings of rejection follow, perpetuating cyclical trauma and create an even greater complexity of needs. Consequential problems include can lead to worsening mental health, parental abuse or desire to abuse the child, and dissolution of the adoption/foster placement; rehoming their children or placing them back into the child welfare system, causing recidivism and further trauma to the child.

Children with unresolved trauma often continue the cycle of abuse and neglect in subsequent generations and experience early teen pregnancy, homelessness, substance abuse, incarceration, physical and mental health problems, and homelessness, among other community ailments. By educating and mentoring parents and caregivers with trauma-informed, scientifically proven methods, caregivers are better able to effectively care for their child's needs, and prevent these tragic outcomes. This project demonstrates how we put children on a path of healing and restore families in San Antonio.

In 2019 we served 900 individuals and added a new office in San Antonio on the Clarity Child Guidance campus. Chosen has had an increase of 51% of families served in Bexar County from 2018 to 2019 and expects this upward trend in 2020.

Additionally, in 2019, Chosen had zero foster or adoption disruptions, meaning zero clients who went through our programs, for an average of 6 months, willingly re-homed their children or put them back in the system. This is vastly different from the general population where 50% of foster parents quit after one year.

Chosen measures success in four major categories: parental stress levels, trauma symptom behaviors, parental ability to handle challenging behaviors, and permanency. We expect and see a decrease in stress/anxiety levels in caregivers, a decrease in trauma induced behaviors of children - including reduced anger, anxiety, post-traumatic stress and dissociative behaviors, and an increase in the feeling of being equipped to parent trauma. We also expect to see decreased recidivism in Bexar County. One chief goal is permanency, meaning that the family does not break down and no one willingly puts a child back in the system.

Chosen has experienced accelerated growth and continues working diligently to increase capacity. Chosen has grown from 50 individuals in a pilot in 2016 to 900 in 2019.

One significant challenge we face is the need of financial assistance to support our rapid client growth. Additionally, there is a major deficiency in our sector and county/region in treating sexual abuse and dissociative behaviors.

The significant lack of support for treating the most difficult cases and attributes of childhood trauma, leaves children and families spiraling downward. Unless addressed, trauma becomes cyclical and creates a greater complexity of needs that the family is often unprepared to handle.

The purpose of this proposal is to support catalytic clinical expansion of our model of care meeting unmet needs, necessary clinical training and licensures required for billing. This grant would also allow us to establish a third-party payer system, which creates a sustainable funding stream.

The Foundation's support of Chosen Clinical Expansion will provide clinical services that are desperately needed for this hurting population. Your support would allow our clinical staff to have specialized training in treatment of sexual abuse and Phase 2 of Developmental Dyadic Psychotherapy; the Najim Foundation graciously covered Phase 1 last year, and this is a proven clinical offering that does not exist elsewhere in Bexar County.

Foundation dollars provide the necessary clinical management support and program technology to support rural delivery of help via telehealth to those who do not have transportation or access. We are currently serving our model via secure telehealth for clients who are unable to travel. This produces staff efficiency and the same positive outcomes.

Evaluation Plan:

Chosen uses the following assessment tools to measure program success: Parent Stress Index (PSI)/Stress Index for Parents of Adolescents (SIPA); Trauma Symptom Checklist for Young Children (TSCYC)/Trauma Symptom Checklist for Children (TSCC); Stress Index; Biopsychosocial Assessment; Adverse Childhood Experiences Survey (ACEs); Anxiety and Depression Survey; Self-Assessment and Attachment Interviews. Chosen tracks both outputs and outcomes of the program during service delivery, as well as 6 and 12 months after services have concluded to determine effectiveness of service in our client management system (CMS). Assessments are administered that measure parental stress levels and trauma-related behaviors of children both before and after services are provided. After initial assessment results are received, levels are entered into the CMS so that initial results can be compared to service conclusion results. This data is reviewed on a weekly basis by both leadership and program staff to monitor the clients and program's progress.

Plans to sustain project beyond the term of this request:

In addition to foundations, corporate and individual partners, Chosen's annual gala will help sustain Chosen Programs. In January 2020, we also implemented fee-based services for clients who can afford to pay. Additionally, we are pursuing Medicaid credentialing, a third-party payer structure (insurance), and state/county contract funding this year.

Children Impacted:

How many unduplicated children will the TOTAL PROJECT INITIATIVE impact?	How many unduplicated children will NFF REQUESTED FUNDS impact?
500	500

Please provide the percentage of each group below that will be served by the project in which funds are being requested. Do not leave any area blank. If that specific group will not be served, include zero. The percentage should total 100%.

A. Population Served Age		B. Population Served Ethnicity	
Infants (0-5)	33%	African American	5%
Children (6-13)	40%	Asian American	3%
Young Adults (14-18)	27%	Caucasian	45%
TOTAL:	100%	Hispanic/Latino	44%
	•	Native American	0%
		Other and Define	3%
		TOTAL:	100%

City Council District for Which Children are Being Served:

District1, District2, District3, District4, District5, District6, District7, District8, District9, District10

Line item Budget:

Line Item Description	Total Project Funds Allocation	Najim Funds Allocation
Program Staff	\$506,323	\$0
Employee Benefits and Taxes	\$59,667	\$0
Professional Fees	\$14,750	\$0
Dyadic Development Therapy Training, Level 2	\$12,000	\$12,000
Program Technology/Supplies/Equipment for Therapy Svc.	\$26,813	\$0
Clinical Management Support	\$60,000	\$60,000
Advertising & Marketing	\$7,000	\$0
Travel/Workshops/Conferences	\$9,600	\$0
Facility Expense	\$23,276	\$0
Contract Labor	\$5,000	\$0
Education and Training	\$14,480	\$0
Accreditation	\$13,487	\$0
Program Admin	\$5,980	\$0
Third Party Credentialing (Insurance Companies)	\$2,000	\$2,000
Clinical Assessment Measuring Outcomes	\$6,500	\$6,500
Specialized Sexual Abuse Training	\$5,000	\$5,000
Technology for Integrated Service Delivery	\$6,500	\$6,500

Downtown Rotary \$10,000 St. Luke's Lutheran Health Ministries \$10,000 Valero Energy Foundation (March Submission) \$75,000 NB Women GO \$10,000 Charity Ball Association \$25,000	at Requested))))))))))))))		
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Kronkosky (March Submission) \$100,00			
Baptist Health Foundation (Spring Submission) \$125,00	H I		
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PROJECT - COMMITTED	,,,		
	nt Requested		
	\$30,000		
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	\$80,000		
Other funding sources and amounts, pending and committee			
ALL OTHER ORGANIZATION REQUESTS - PENDING	<u> </u>		
	nt Requested		
	\$20,000		
1	\$75,000		
	\$15,000		
Nathalie and Gladys Dalkowitz Charitable Trust \$10,000	\$10,000		
Walmart Community Giving \$5,000	<u>'</u>		
	\$50,000		
Kleberg Foundation (Fall Submission) \$50,000	\$50,000		
TOTAL: \$225,00	\$225,000		
ALL OTHER ORGANIZATION REQUESTS - COMMIT			
	nt Requested		
Sundt Foundation \$5,000	•		
McCombs Foundation \$2,000	\$2,000		
Truett Cathy Foundation \$30,000)		

TOTAL: \$37,000 **BOARD OF DIRECTORS** What percentage of your board contributes financially to the organization? 100% If Board giving is not at 100%, please explain why? How are board members expected to participate in your organization? * Stay informed about the Chosen's mission, services, policies and programs. * Review agenda and supporting materials prior to board and committee meetings. * Serve on committees as needed and offer to take on special assignments. * Give an annual gift according to personal means and participate in Chosen fundraising efforts. * Commit to Chosen as one of top three philanthropic priorities through gift of resources and time. * Cultivate nominees to Chosen's board of directors who can provide work, wisdom and wealth to support Chosen's mission. LIST OF BOARD DIRECTORS Name & Office Held **Corporate Affiliation** Zach Potts, President CEO and Business Owner of Chanan Corporation, Kenergy Oilfield Solutions, Tundra Energy LLC, and JZ Realty Ltd John Raimondo, Vice President CEO and Business Owner of Pulmonair, Infinity Medical Equipment, and San Antonio Spine & Rehab John Langdon, Treasurer CFO of Midland Basin Partners and Basin Properties Michele Norris, Governance Chair AVP Contact Center Insights & Usability, USAA Heather Smith, Secretary Retired Nurse; Chosen Mentor Paul Hoskins, Director Founder and Owner P&M Hoskins Enterprises VP of Manufacturing, San Antonio Lighthouse for Bob Buckley, Director the Blind

VP of Field Ops, C12 Group

Financial Analyst, USAA

Foundation

Retired, Former CEO of San Antonio Area

Signature

Jenni Lord

Troy Blackmon, Director

Johnny Campos, Director

Dennis Noll, Development Chair