

REPORT 2018 April Cycle

GENERAL INFORMATION

Organization Information

Legal Name: Ecumenical Center for Religion and Health (The)		Federal Tax ID#: 74-1587388	
Address: 8310 Ewing Halsell Drive	City: San Antonio	State: TX	Zip Code: 78229
Website: www.ecrh.org		Fax: (210) 616-0885	

Head Of Organization

Name: Mary Beth Fisk	Title: CEO/Executive Director
E-Mail Address: mbfisk@ecrh.org	Phone: (210) 616-0885

Application Contact

Name: Sandra J Preininger	Title: Outreach Coordinator	E-Mail Address: spreininger@ecrh.org	Phone: (210) 616-0885
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REPORT INFORMATION

Report Funding Cycle: 2018 April Cycle	Report Date: 03/30/2020 12:00 am
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1: Please include in your report the dollar amount of the funds that were awarded, the date they were funded and what the funds supported.

Awarded Amount: 63,000	Date: 03/30/2020
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2: Were the objectives cited in your original proposal met? Please address each started objective and how it was met.

The goal of this project was to provide mental health visits for children who could not otherwise afford the full cost of children's mental health services because they were uninsured, under-insured or the cost of their deductibles was prohibitively expensive. In 2019, there were 3,900 visits by children at The Ecumenical Center. 99% of those children needed fee assistance. With the \$63,000 gift from the Najim Foundation, 787 clinical visits were provided for 98 unduplicated children at The Ecumenical Center using evidence-based counseling, psychological testing services, Neurofeedback for ADD/ADHD, Music Therapy/Neurological Music Therapy for IDD (Intellectually and Developmentally Disabled) children and those suffering from Autism.

3: Please explain any changes from the original proposal and the circumstances that lead to the modification of the objective.

With the assistance of Mr. Najim's generous gift to The Center, the 2,000 square foot Najim Wing was constructed at The Ecumenical Center. This wing allowed Music Therapy and Neurologic Music Therapy to be provided to those with Autism and IDD (Intellectual and Developmental Disabilities.) This also allowed The Ecumenical Center to provide group music therapy using the 5 Yamaha clavinos which provide a multitude of different music therapy learning opportunities that were no available before the Najim Wing was constructed.

4: What needs were addressed?

According to Clarity Child Guidance Center, one in five children in Bexar County and the country, are diagnosed with a mental illness. This proposal helped address the mental health issues of these one in five children by providing help for anxiety, depression, stress, child abuse and neglect, ADD/ADHD, PTSD, bullying, traumatic brain injury, or suicidal ideation.

5: What method of evaluation did you use to monitor and measure the project's outcome and what are the result?

Evaluation is done after each clinical session using the ACORN assessment. Children, six years of age or older, complete the ACORN assessment. The ACORN assessment provides a picture of change and growth in children's thoughts, moods, attitudes and behaviors over the course of the therapeutic treatment. Parents complete the survey for children younger than six years of age. In 2019, the results of the survey for children, ages 6-12, indicated a 90% satisfaction with counseling over the course of treatment. Children ages 3 years to 6 years (with parent assisting) had a 92% satisfaction with counseling results. Adolescents (ages 13-17) had an 89% satisfaction rating.

6: Do you plan to continue this project, and if so, how do you plan to sustain it?

Plans to continue the Children's Therapy Program includes relying upon contributions from grants from foundations, contributions from individuals and supporters, fees from the provision of counseling services, payments from insurances and individual payments and support from fund-raising events including: Ethics in Business-San Antonio, the Legacy of Hope Luncheon, contributions from The Big Give and proceeds from the annual Art Heals Hearts Show and Sale.

7: Please provide any other comments of information relevant to this grant.

Thank you so much for helping children who are struggling to overcome mental illness and other behavioral health problems.

8: Please provide an updated detailed projected budget with expenses for the received grant. Also include the totals for the budgeted and actual amount. Explain any discrepancies between the budgeted and the actual expenses for the project.

Line Item Description	Total Project Funds Allocation	Najim Requested Funds	Project Funds Actual	Najim Funds Allocation
Children's Counseling	\$783,320	\$53,000	\$984,320	\$31,000
Children's Psychological Testing	\$25,000	\$10,000	\$25,000	\$10,000
Adolescent Counseling	\$315,680	\$12,000	\$320,000	\$12,000
Child-Parent Relationship Training	\$10,000	\$0	\$10,000	\$0
Children's Art/Music/Therapeutic Rhythms Therapy	\$75,000	\$0	\$75,000	\$10,000
Child Therapy Training Workshops for Mental Health Professionals	\$124,000	\$0	\$90,000	\$0
Camp Wellness/Children's Pet Therapy	\$25,000	\$10,000	\$25,000	\$0

TOTAL:	\$1,358,000	\$85,000	\$1,529,320	\$63,000
Signature Mary Beth Fisk				