

# REPORT 2019 October Cycle

## GENERAL INFORMATION

### Organization Information

<b>Legal Name:</b> Roy Maas Youth Alternatives		<b>Federal Tax ID#:</b> 74-1914638	
<b>Address:</b> 3103 West Avenue	<b>City:</b> San Antonio	<b>State:</b> Texas	<b>Zip Code:</b> 78213
<b>Website:</b> www.rmya.org		<b>Fax:</b> (210) 340-8077	

### Head Of Organization

<b>Name:</b> William F. Wilkinson, III	<b>Title:</b> Chief Executive Officer
<b>E-Mail Address:</b> bwilkinson@rmya.org	<b>Phone:</b> (210) 340-8077

### Application Contact

<b>Name:</b> Lisa Brothers	<b>Title:</b> Grants & Marketing Administrator	<b>E-Mail Address:</b> lbrothers@rmya.org	<b>Phone:</b> (210) 340-8077
-------------------------------	---	--	---------------------------------

## REPORT INFORMATION

<b>Report Funding Cycle:</b> 2019 October Cycle	<b>Report Date:</b> 10/15/2020 12:00 am
--	--

**1: Please include in your report the dollar amount of the funds that were awarded, the date they were funded and what the funds supported.**

Awarded Amount: 60,000	Date: 11/05/2019
------------------------	------------------

**2: Were the objectives cited in your original proposal met? Please address each started objective and how it was met.**

The 2019-2020 grant from Najim Charitable Foundation funded residential and therapeutic programs for children and youth in crisis. Through the use of trauma-informed techniques, like Trust-Based Relational Intervention, and other relationship-based approaches, we work with children to reduce risk-taking behaviors, improve relationships, and teach skills to live productive lives, have a healthy and positive self-identity, and return to their homes or find permanency in the least restrictive environment. Our goal is for children to have healthier relationships now and in the future, and ultimately break the cycle of abuse. We believe these objectives were met in spite of additional challenges from a world-wide pandemic during later in the year.

During this period, RMYA served:

- \* 231 children in emergency shelter services. Staff turnover due to health concerns and hiring delays due to potential employees' health concerns and limited availability and delays in fingerprinting and background checks have been an ongoing struggle. We are also taking in children with higher levels of therapeutic needs than usual.
- \* 137 children stayed at our Meadowland long-term residential program.
- \* 548 community children and families received counseling, crisis intervention, parenting classes, and/or psychiatric services.

\*319 youth sought safe haven, referrals and therapeutic services at our 24-hour drop-in center.

\*48 homeless young adults received transitional living services, life and job skills, and resource referrals.

**3: Please explain any changes from the original proposal and the circumstances that lead to the modification of the objective.**

No changes were made to the programs served by this grant in FY2020, however, total unduplicated clients dropped from 1,603 in FY2019 to 1,166 children and young adults. This small decrease was mainly due to COVID-19 which had (and continues to have) an effect on our community counseling clients and the numbers of children we are able to serve in our residential programs. There was no change in the utilization of funds.

**4: What needs were addressed?**

RMYA provides high-quality residential and counseling services for children, youth, and families in crisis. For 44 years, RMYA has maintained a reputation for caring for children with severe emotional and behavioral issues resulting from complex histories of trauma. Your operational funding directly ensured the protection and care of over 1,100 children who struggle to overcome victimization or exposure to abuse and violence. Often these children have no other safe place to go and that was especially apparent this year when, at one point, RMYA had the only open drop-in center in the state and the only shelter that continued to take in new children. Your funding allowed us to continue to serve these vulnerable youth at an especially critical time. Many other foster care homes and facilities have closed or refuse to take in new children due to health concerns. Because of diligent efforts by our staff, we have only had one child test positive for COVID and only a few staff agency-wide.

**5: What method of evaluation did you use to monitor and measure the project's outcome and what are the result?**

RMYA services, treatment plans, and individualized goals are tracked by a client management system (KaleidaCare) and Federal/State data tracking systems. Programs and services are evaluated regularly by the clinicians and staff involved in the daily care of children with periodic internal audits by the grants compliance staff. All RMYA agency services are evaluated by comparing outcome data to projected results, and we routinely measure the effectiveness of our practices at a variety of intervals based on the metrics involved. RMYA is also monitored monthly, quarterly, and annually by various funding sources and agencies with which contractual agreements exist, ensuring results and benefits are achieved in accordance with program standards.

The following information pertains to program outcomes for Fiscal Year 2020:

\* Outcome #1&2 (combined for long-term residential program): 91% of children in long-term residential care demonstrated stabilized and/or improved behaviors, resulting in a positive discharge to a less restrictive placement.

\* Outcome #2 (modified for emergency shelter services): 71% of children referred for psychiatric services in RMYA emergency shelter care showed improvement in overall emotional and behavioral functioning. Children who did not need psychiatric services already had appropriate behavioral functioning, but as the pandemic continued we saw fewer children like this and began getting more and more children with extensive emotional, behavioral and mental health issues.

\* Outcome #3 (modified): 75% of community families served by RMYA reported that the quality of care received was "Excellent" or "Very Good." During the pandemic RMYA clinicians switched to telehealth counseling.

**6: Do you plan to continue this project, and if so, how do you plan to sustain it?**

RMYA has been serving children and families in crisis since 1976. We are proud to be the recipient of state and federal grants as well as numerous foundation grants. In addition to state and federal funding from long-term grants and contracts, we will continue to seek community support through private grants as well as individual and corporate donations.

**7: Please provide any other comments of information relevant to this grant.**

The Najim Foundation funds supported general operating funds for the residential and therapeutic programs for children and youth in crisis, including direct-care personnel, in order to deliver skilled care in emergency shelter services, long-term residential care, transitional living, family counseling & resource center, and community psychiatric services for children and youth, and their families, in FY 2020 (July 1, 2019 - June 30, 2020). The agency budget for FY2020 was revised in February 2020, accounting for the difference in Total Project Funds listed in our application and the Actual Project Funds listed in this report. Figures in Project Funds Actual have been rounded to accommodate restrictions within the online format; the actual budget total is \$10,842,100.42.

**8: Please provide an updated detailed projected budget with expenses for the received grant. Also include the totals for the budgeted and actual amount. Explain any discrepancies between the budgeted and the actual expenses for the project.**

<b>Line Item Description</b>	<b>Total Project Funds Allocation</b>	<b>Najim Requested Funds</b>	<b>Project Funds Actual</b>	<b>Najim Funds Allocation</b>
Personnel	\$9,722,174	\$47,733	\$8,413,783	\$47,733
Professional Fees	\$505,502	\$2,482	\$541,337	\$2,482
Fundraising	\$125,360	\$615	\$124,939	\$615
General & Administrative	\$499,663	\$2,453	\$448,333	\$2,453
Occupancy	\$646,588	\$3,175	\$490,040	\$3,175
Program Expenses	\$561,170	\$2,755	\$656,650	\$2,755
Insurance	\$160,226	\$787	\$167,018	\$787
<b>TOTAL:</b>	<b>\$12,220,683</b>	<b>\$60,000</b>	<b>\$10,842,100</b>	<b>\$60,000</b>

**Signature**

William F. Wilkinson, III