

REPORT 2019 October Cycle

GENERAL INFORMATION

Organization Information

Legal Name: Magdalena Ministries, Inc.		Federal Tax ID#: 80-0251526	
Address: P.O. Box 692041	City: San Antonio	State: Texas	Zip Code: 78269
Website: http://www.maghouse.org		Fax: (210) 561-0505	

Head Of Organization

Name: Rev. Denise Barker	Title: Founder and Executive Director
E-Mail Address: dbarker@maghouse.org	Phone: (210) 218-3760

Application Contact

Name: Mary Sanders	Title: Grant Manager	E-Mail Address: msanders@maghouse.org	Phone: (210) 561-0505
------------------------------	--------------------------------	---	---------------------------------

REPORT INFORMATION

Report Funding Cycle: 2019 October Cycle	Report Date: 09/12/2019 12:00 am
--	--

1: Please include in your report the dollar amount of the funds that were awarded, the date they were funded and what the funds supported.

Awarded Amount: 25,000	Date: 11/04/2019
------------------------	------------------

2: Were the objectives cited in your original proposal met? Please address each started objective and how it was met.

We were successful in meeting our three main objectives.

1. Mothers and children find safety, stability and nurturing.

Magdalena House (MH) has provided 5,742 nights of shelter to 38 mothers and children (23 of them children) so far in 2020. These families experienced safe, stable shelter with video camera gate surveillance. Families received around the clock nurturing and support from on-site staff.

With COVID, we employed additional health and social distance protocols to keep families safe.

2. Mothers and children flourish academically, physically, mentally and emotionally.

MH assisted both mother and child in enrolling in appropriate education and provided coaching and accountability. All mothers pursued accredited educational programs with success. All school-age children had strong attendance and progressed to the next grade. Younger children attended licensed child care programs that provided stability and nurturing.

Program staff assisted each mother in achieving her "covenant" of individual goals to help her flourish in each domain. Contracted therapists trained in complex trauma provided over 185 hours of trauma-informed therapy to MH mothers and 74 hours of play therapy to 5 children. Enrichment offerings addressed physical and emotional health through yoga, mindfulness, and food/nutrition education.

3. Mothers are able to nurture their children and develop family resiliency against future adversity.

Thirteen families were connected to parenting programs. Nine families actively participated, averaging over 9 hours each. Enrichment activities designed to increase parent/child attachment included Mommy and Me music therapy, art therapy, drumming circles, a "Growing Up Wild" nature program, and a family reading program.

3: Please explain any changes from the original proposal and the circumstances that lead to the modification of the objective.

We had no changes from the original proposal requiring modification of the objectives. We did rework our grant budget to correspond to the amount granted by the Najim Family Foundation. We reduced Najim fund allocations to Mortgage by \$4,000 and Utilities by \$1,000.

4: What needs were addressed?

This Najim funding provided shelter and long-term stability for 15 families (22 children) from January 2020 to present. These families benefitted from long-term stability: eight families received shelter and services for over one year and two more received shelter and services for over 6 months. Families that arrived in fear found safe secure housing within a monitored, securely gated neighborhood. Mothers and children had resources to be able to pursue on-line classes successfully. Children were able to attend consistent, quality childcare that provided structure and nurturing. Funding also provided household supplies, diapers, and supplementary groceries for families with no income and no support through other social services.

By helping MH provide shelter and basic needs, the Najim Family Foundation further supported Magdalena House in providing these families highly individualized wrap-around services which promoted holistic wellness including case management, counseling, play therapy, parenting education, enrichment programming, medical support, legal support and advocacy. They were surrounded by a community of care and support around the clock. Both mothers and children received support to successfully pursue their education.

5: What method of evaluation did you use to monitor and measure the project's outcome and what are the result?

1. Mothers and children find safety, stability and nurturing.

We use the Arizona Self-Sufficiency Matrix to evaluate if a family's basic needs are being met. On the Arizona Self-Sufficiency Matrix (5 point scale), all families scored within the "crisis" (=1) or "vulnerable" (=2) range at intake. As of this September, current families have an average score of 4.26, which puts them at the "building capacity" range moving towards "empowered" range.

We use the Protective Factors Survey (PFS-2) to evaluate each family's sense of support and nurturing.? Protective Factors survey scores indicated improvements in all three subscales of family functioning/resilience, nurturing/attachment, and social supports.

2. Mothers and children flourish academically, physically, mentally and emotionally.

Families performed well on each evaluation measurement. Academically, all mothers pursued academic programs with strong grades. Two mothers completed associate degrees and one mother graduated high school in 2020. Of our current residents, 4 mothers are pursuing bachelor degrees, 5 mothers are pursuing associate degrees, one is enrolled in a college-level ESL program, and one is completing her GED. One mother was invited to join the San Antonio College Honor Society, and two mothers made the President's List at SAC.

All school-aged children have strong attendance records and have progressed successfully to the next grade level. One child was identified as talented and gifted. Two children recently started kindergarten - virtually! Three children participated in Early Head Start/Head Start programs.

In the spring and summer semesters, mothers successfully met 93% of their self-determined goals which focus on the improved wellbeing of their family.

All but one mother report a decrease in depressive symptoms as measured by the PHQ-9, with an average score of 5, indicating lower end mild depressive symptoms.

(Note: we had no family exit surveys for this time period.)

3. Mothers are able to nurture their children and develop family resiliency against future adversity.

Thirteen families were connected with parenting programs, and nine families actively participated in parenting programs, averaging over 9 hours each since the beginning of the year. Three of these families graduated from the Depelchin Triple P Parenting program and begin Methodist Healthcare Ministries MELD groups this fall. Five families are active in the Methodist Healthcare Ministries Parents as Teachers program, and one family is enrolled in the Nurse Family Partnership. Two families are preparing to begin parenting programs. A new resident who began the Parents as Teachers program this year reported it very helpful in her ability to be consistent in her parenting and better understand ways to prevent and address misbehavior with her children.

The PFS-2 and Arizona Self-Sufficiency Matrix results described in #1 further show progress for these families in developing resilience.

6: Do you plan to continue this project, and if so, how do you plan to sustain it?

Yes, we plan to continue this project. We plan to sustain it through individual donations, our annual gala and other fundraisers, and grants from community foundations such as Najim Family Foundation and the state of Texas.

Notes on BUDGET VARIANCES:

Our Total Project Funds Allocation is based on the calendar year 2020 and we are only 75% through the fiscal year. Some areas have been close to fully spent (Education) due to the timing of semester payments. Other areas are not yet fully expended due to the timing of projects (shelter repairs, assessments, residential financial program). The COVID pandemic has also impacted our budget, resulting in much lower than anticipated child care expenses, special events for families and travel/conference expenses and higher than anticipated counseling expenses.

Budgeted amounts for programming were best estimates of anticipated needs, knowing that annual needs vary greatly depending on the individual needs of the current families (legal, health and wellness).

7: Please provide any other comments of information relevant to this grant.

With the onset of COVID-19 we have reworked our program to provide the same level of support and quality of care within the guidelines of social distancing while addressing the heightened stresses on our families during the pandemic. With COVID, our mothers suddenly found themselves caring for children and their children's education while pursuing their own. They experienced increased isolation and fear. Staff scheduled many more phone calls with mothers and children to ensure support and engagement. Therapists switched to telehealth services and provided increased emotional and mental support. While COVID restricted many of our group activities, we initiated a Family Summer Reading program to encourage quality time reading together. We utilized Zoom for online Enrichment classes, family game nights, one-on-one special playtime with children, story time and monthly family meals/birthday celebrations.

Two mothers in residence over a year shared the impact of Magdalena House.

" We were jumping from shelter to shelter until we came to MH where I feel safe since the beginning and now they are the family I could not have and my baby is growing happy and safe, she will turn 3 in November."

"I was in an abusive relationship up to the point where I couldn't think for myself anymore, I was so depressed ... I am different now because I am confident in myself My kids have something to look forward to and they are not constantly seeing the abuse that was happening in the house often. "

8: Please provide an updated detailed projected budget with expenses for the received grant. Also include the totals for the budgeted and actual amount. Explain any discrepancies between the budgeted and the actual expenses for the project.

Line Item Description	Total Project Funds Allocation	Najim Requested Funds	Project Funds Actual	Najim Funds Allocation
-----------------------	--------------------------------	-----------------------	----------------------	------------------------

Shelter - Repairs, Maintenance, Equipment	\$15,000	\$2,500	\$7,922	\$2,500
Shelter - Security	\$1,000	\$500	\$1,014	\$500
Shelter - Mortgage	\$36,000	\$10,000	\$27,000	\$6,000
Shelter - Property Insurance	\$8,800	\$1,000	\$6,028	\$1,000
Shelter - Auto Insurance	\$1,900	\$0	\$1,171	\$0
Shelter - Utilities	\$17,000	\$7,000	\$12,633	\$6,000
Printing and Copying	\$100	\$0	\$15	\$0
Office Supplies	\$800	\$0	\$792	\$0
Telephone & Telecommunications (internet)	\$4,304	\$1,000	\$3,418	\$1,000
Staff and Resident Program Development	\$6,325	\$0	\$4,998	\$0
Hourly Employee Wages Staff - Program	\$105,832	\$0	\$60,561	\$0
Salary - Program Staff	\$216,056	\$0	\$159,733	\$0
Health Insurance	\$31,441	\$0	\$25,372	\$0
Payroll Taxes	\$27,521	\$0	\$17,162	\$0
Travel and Meetings	\$4,400	\$0	\$1,750	\$0
Childcare	\$58,300	\$3,000	\$7,219	\$3,000
Health and Wellness	\$8,036	\$0	\$2,810	\$0
Counseling & Play Therapy	\$17,000	\$0	\$21,435	\$0
Special Events - Families	\$5,800	\$0	\$860	\$0
Assessments and Program Evaluations	\$1,000	\$0	\$0	\$0
Education	\$16,800	\$0	\$15,490	\$0
Legal	\$7,500	\$0	\$1,340	\$0
Food, Household Supplies, Diapers	\$11,000	\$5,000	\$7,747	\$5,000
Miscellaneous	\$1,500	\$0	\$138	\$0
Residential Financial Planning Program	\$1,200	\$0	\$0	\$0

Electronic Notes	\$5,213	\$0	\$3,436	\$0
Transportation	\$1,500	\$0	\$866	\$0
TOTAL:	\$611,328	\$30,000	\$390,910	\$25,000

Signature
Mary H Sanders