## **REPORT 2017 October Cycle**

GENERAL INFORMATION							
Organization Information							
Legal Name:		Federal Tax ID#:					
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REPORT INFORMATION							
Report Funding Cycle:		Report Date:					
2017 October Cycle		09/24/2019 12:00 am					
1: Please include in your report the dollar amount of the funds that were awarded, the date they were funded and what the funds supported.							
Awarded Amount: 20,000		Date: 10/24/2018					

# 2: Were the objectives cited in your original proposal met? Please address each started objective and how it was met.

Yes! 1) Families have shelter, safety, long-term stability and nurturing under our roof. In 2019, 13 families (20 children) at Magdalena House (MH) have found shelter to date. Six families lived at MH for over 12 months and flourished with long-term stability, security and nurturing. Round-the-clock staff offer loving support.

- 2) Moms are trained in effective parenting. Nine mothers gained skills in parenting by participating in on-site, neighborhood or school-based parenting classes through Methodist Healthcare Ministries and NISD.
- 3) Moms and children flourish academically, physically, mentally and emotionally. Families receive critical wraparound programming and services to help them flourish, including individual trauma informed therapy and counseling, case management, weekly enrichment classes, and referral to appropriate social support services and medical care. Mothers determine their educational path and are pursuing appropriate schooling with support from MH staff. Mothers are completing GED/High School credits, enrolled in ESL programs, or working towards a college level degree. School aged children are thriving at the local elementary school. While their mothers attend school, younger children are enrolled in quality childcare where they experience warm, safe, structured care and rich cognitive stimulation. All mothers meet with licensed professional counselors bi-weekly or as needed on-site at MH. Four children participated in play therapy with their mothers and a licensed play therapist.
- 3: Please explain any changes from the original proposal and the circumstances that lead to the modification of the objective.

#### 4: What needs were addressed?

This funding provided long-term shelter, food, clothing, transportation, safety, educational support, and counseling for 13 families (13 mothers and 20 children) in 2019 who had experienced trauma through family violence. These families would have otherwise been homeless or likely to remain in the situations in which they experienced family violence.

Families at MH have experienced great trauma, little sense of worth, fractured families, and no hope. Our program staff work with each family to ensure that each family's particular needs are met and to empower each mother to rebuild her family's life. Staff surround each family with love and daily support so that each family experiences genuine relationships and caring. Licensed professional counselors trained in complex trauma help each family deal with psychological and emotional needs. Through parenting classes, mothers are learning how to reconnect with their children and parent them well.

Families at MH arrive with out the ability to support themselves economically. Mothers are improving their ability to earn a living wage and improving their sense of worth by pursing and excelling in further accredited education. MH provided them with tools to assess their strengths and interests, and support in navigating the educational process.

Mothers often do not know how to care for the health of their family. Staff helped mothers navigate the health care system enroll in all available services. Each mother consults with a Methodist Healthcare Ministries Wesley Nurse and has completed their "My Healthy Child" class.

## 5: What method of evaluation did you use to monitor and measure the project's outcome and what are the result?

# FAMILIES SERVED: 13 families (33 individuals) found shelter at Magdalena House to date in 2019, with an average stay over the past 12 months of 222 nights. (As 1/3 of our families are new this spring, average nights stay is consequently lower.)

The following measurements are based on a complete year of programming:

# HOURS SPENT IN EVIDENCE BASED PARENTING PROGRAMS: 9 of the 11 eligible mothers who were in residence over a month completed 161 hours of parenting instruction, averaging 18 hours/mother.

PROTECTIVE FACTORS SURVEY (PFS-2): Mothers in residence for at least 3 months reported dramatic improvement in family functioning/resiliency and social supports. 100% have increased hope for their futures.

ACADEMIC PERFORMANCE: 93% of the college level classes were completed with grades of "C" or higher. 10 ESL classes were completed, all with an A or B grade. One mother earned 8 high school credits. All school age children were promoted to the next grade.

COMPLETION OF COVENANT GOALS: 95% of personal covenant goals were met.

ARIZONA SELF-SUFFICIENCY MATRIX: The average score (out of 5) for all new residents moved from the "vulnerable" range (=2) at intake to "safe" or "building capacity" range (=3 or 4).

FAMILY EXIT SURVEY: Mothers reported significant improvement in self-awareness, life skills and hope. They gave highest scores to "feeling safe," "feeling loved," "I learned new skills," and "I learned new things about being a mom."

#### 6: Do you plan to continue this project, and if so, how do you plan to sustain it?

Yes, we plan to continue this project, and plan to sustain its funding through community grants, our annual gala, and support from our donors. Our endowment ensures future viability of this program.

#### 7: Please provide any other comments of information relevant to this grant.

With the remodel of our original home complete, we are now at full capacity, able to serve 12 families at once.

We brought in three families in immediate crisis this spring; one family avoided gunfire in their former home shortly after they moved.

One resident with complex childhood trauma shared that before she came to MH, she didn't know what esperanza (hope) was. Now she says, "it feels like a box of butterflies and someone opened it up to let them fly. It feels so good!" She and her son have been participating in Theraplay and their bonding has been strengthened.

Our expenditures listed below are only for 3/4 of the 2019 year and are thus below total 2019 project funds budgeted. Other budgeted vs actual discrepancies arise because 1) we are learning expenses in our first full year funding 3 homes fully occupied, 2) differences in anticipated vs actual resident needs (legal, childcare), 3) we added new staff to better meet the needs of 12 families - a Facilities Manager/Volunteer Coordinator and a Education Coordinator, which were not budgeted yet last fall, 4) expenses occur at different times of the year - for example, education (at beginning of semester) and repairs (budget reflects expectation to replace HVAC before year end). Counseling expenses were initially budgeted under "healthcare," but actual expenses are recorded under "counseling." In-kind donations are not recorded until end of year.

# 8: Please provide an updated detailed projected budget with expenses for the received grant. Also include the totals for the budgeted and actual amount. Explain any discrepancies between the budgeted and the actual expenses for the project.

Line Item Description	Total Project Funds Allocation	Najim Requested Funds	Project Funds Actual	Najim Funds Allocation
Shelter -Mortgage	\$36,000	\$10,000	\$27,000	\$10,000
Property Insurance	\$11,100	\$1,000	\$7,208	\$1,000
Utilities	\$18,000	\$2,000	\$7,888	\$2,000
Food, Household Supplies, Diapers	\$11,000	\$7,000	\$7,000	\$7,000
Shelter - Repairs	\$15,000	\$0	\$2,454	\$0
Shelter - Security Gate/Panic Button	\$1,400	\$0	\$488	\$0
Print/Copy/Staff Training	\$2,600	\$0	\$1,309	\$0
Personnel - Community Staff	\$84,109	\$0	\$50,910	\$0
Personnel - Programming - formal case mgmt/counseling	\$138,869	\$0	\$131,995	\$0
Contract Labor - onsite counseling and play therapy	\$8,700	\$0	\$15,051	\$0
Assessments/progra m evaluations	\$3,000	\$0	\$674	\$0
Special Events - Families	\$2,000	\$0	\$1,496	\$0
Health and Wellness	\$11,000	\$0	\$640	\$0
Childcare	\$30,000	\$0	\$21,655	\$0

Miscellaneous TOTAL:	\$1,500 <b>\$423,878</b>	\$0 <b>\$20,000</b>	\$10 <b>\$299,088</b>	\$0 <b>\$20,000</b>
In-kind donations	\$20,000	\$0	\$0	\$0
Electronic notes	\$6,000	\$0	\$4,877	\$0
Resident legal fees	\$5,400	\$0	\$2,072	\$0
Transportation	\$3,200	\$0	\$1,786	\$0
Education	\$15,000	\$0	\$14,575	\$0

## Signature

Mary Sanders