

REPORT 2019 October Cycle

GENERAL INFORMATION

Organization Information

Legal Name: Hill Country Daily Bread Ministries		Federal Tax ID#: 30-0148195	
Address: 234 W. Bandera Road, #133	City: Boerne	State: Texas	Zip Code: 78006
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Head Of Organization

Name: Agnes Hubbard	Title: Executive Director
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Application Contact

Name: Allison Peterson	Title: Grant Manager	E-Mail Address: allison.peterson@hillcountrydailybread.org	Phone: (830) 755-5200
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REPORT INFORMATION

Report Funding Cycle: 2019 October Cycle	Report Date: 09/24/2020 12:00 am
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1: Please include in your report the dollar amount of the funds that were awarded, the date they were funded and what the funds supported.

Awarded Amount: 75,000	Date: 09/24/2019
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2: Were the objectives cited in your original proposal met? Please address each started objective and how it was met.

1. Combat childhood hunger and food insecurity - Your funding impacted childhood hunger by providing low income households and over 1,000 children with food, health and hygiene items and diapers valued at more than \$864,000 dollars.
2. Provide Diapers, Health and Hygiene Items to impact health issues in young children- More than 90% of the households we serve have an income of less than \$20k a year. Our food boxes also contain important items like diapers, wipes, soap, toothpaste and detergent. Last year we had a 20% increase. Your funding provided over 177,000 diapers.
3. Hill Country Kids- Encourage reading skills and enrich the lives of children living in poverty- This grant provided over 300 books and literature delivered directly to children's homes by their Mentor to encourage reading and enrich the lives of children. Your commitment to helping children develop a love of reading will have a life time impact.

4. Stand By Me- Encourage Education success and personal empowerment for at risk youth- With the goal of encouraging educational success and personal empowerment, your funding helped to grow SBM and create a impact on 130 at-risk Children grades K-12 by providing one-on-one, long-term mentoring and opportunities for teaching, relationship building, and a safe environment where children can feel heard; providing solid support for those who are most vulnerable. Our Seniors' high school graduation rate was at 95% with 85% of our graduating Seniors having a post-graduation plan. (national average of persistently poor children is 65%).SBM offers programs such as Summer Leadership Academy and other enrichment resources.

3: Please explain any changes from the original proposal and the circumstances that lead to the modification of the objective.

Thanks to the faithful support of The Najim Charitable Foundation HCDBM has created strong , effective and flexible platforms. Despite, COVID19 causing all areas of our operations to more than double. HCDBM mobilized to help the communities we serve and the influx of people in need. As an essential Agency, we quickly adapted to CDC guidelines in order to continue serving. We added additional distribution days to our schedule and created a drive through service were food boxes could be picked up and clients still receive the physical and emotional support needed. Boxes were modified including easy meals and snacks children could make while at home. HCDBM quickly created a Volunteer Task Force that helped manage the influx of calls and schedule delivery to those who are elderly or home bound. HCDBM trained and partnered with 11 local Church Partners to create Emergency Response Distribution Centers throughout the Texas Hill Country. These Emergency Distribution Centers supplied Emergency boxes to people who have never received our services before and were in immediate need.

4: What needs were addressed?

Food Insecurity is a Family Problem:

Food insecurity is a growing public health concern in Texas, particularly among families with young children. For the clients we serve, gaining access to healthy and affordable food can be a challenge as many of the rural counties we serve are considered food deserts. Our clients living in these resource drought areas face challenges of unemployment, lack of local food retailers, transportation and community resources which all lead to food insecurities. On top of the insurmountable challenges our clients face (according to USDA food and nutrition service), only 2/3 of Texans who are eligible for food assistance are currently receiving benefits.

Food Insecurity is a Health Problem:

Families with few economic resources may be forced to make difficult choices among basic needs, such as food, housing, energy and health care. These choices may make sense in the short term but can often result in frustration and emotional distress which can be detrimental to mental health in the long term.

Families who suffer from food insecurities often rely on low cost, low nutrient foods that will last longer and help to fill the physical symptoms of hunger pains. According to the American Academy of Pediatrics, children suffering from food insecurities often have the repercussions of poor health including obesity, diabetes, anxiety and depression and are more likely to recover from illness more slowly and be hospitalized more frequently.

Food Insecurity is an Educational Problem:

Children with food insecurities cannot learn as much, as fast or as well because chronic under nutrition harms their cognitive development during critical years of rapid brain growth. They do more poorly in school and have lower academic achievement because they are not well prepared for school and cannot concentrate. Hungry children have more social and behavioral problems because they feel bad, have less energy for complex social interactions and cannot adapt to environmental stresses.

Encourage reading skills and enrich the lives of children living in poverty- Since low-income households struggle to provide basic needs, buying books for their children may be out of the question. Your funding provided books to encourage reading at home to improve academic skills.

Education success and personal empowerment for at risk youth seeing a life beyond poverty - Through our SBM program, You impacted at-risk youth who are more likely to engage in risky behavior, possess unhealthy coping skills, misunderstand their potential as contributing members of society (leadership skills), and lack professional career life skills. HCDBM knows Sustainable programs that address the root cause of poverty and food insecurity are imperative to the rural communities we serve. Food insecurity will not be eradicated simply by increasing food availability. We must focus on a holistic approach with long term continuum of care that works to improve the over quality and health of the people we serve.

5: What method of evaluation did you use to monitor and measure the project's outcome and what are the result?

HCDBM uses qualitative and quantitative measurements to gauge progress. In the Family Mentoring Resource Program, Case Managers monitor five core life areas: financial, emotional/mental, spiritual, physical/health and support systems. Achievable six month and one-year goals and Action Plan is then developed. This holistic approach in FMRP significantly improves the lives of children and their families by leveraging resources and addressing underlying physical, emotional, and spiritual issues caused by generational poverty. Family Mentors who go in support the family in any additional unsaid needs. Clients report improved quality of life (93%) increased supportive spiritual relationships (92% connections to referral services (90%) and basic material needs of food, health and hygiene and diapers met (92%).

The key metrics used to evaluate the results of the Stand By Me program are intensive case management and case notes, parent surveys that provide feedback on Match Quality, and base-line surveys through the Developmental Asset Profile Survey. SMART Goals are used regularly to create benchmarks to help determine areas of need or support in order to obtain 1) match longevity, 2) setting and meeting goals, and 3) development of positive social attitudes and relationships. Anticipated results are the youth will interact with positive role models who have time to listen, talk, and inspire and that they will learn to work together, be accountable, solve problems, develop creative skills, gain self-confidence, and mature socially, emotionally, intellectually, and physically. We have had 42 Alumni who have graduated from our program, with 85% still fostering meaningful relationships with their mentors in some capacity, even after starting college or joining the work force.

6: Do you plan to continue this project, and if so, how do you plan to sustain it?

20 years of working with thousands of families with children in poverty has given HCDBM a unique insight into the issues causing child food insecurity and generational poverty. Hill Country Kids Program and Stand By Me are valuable resource that impacts the well-being of children living in poverty, HCDBM will continue these projects. With all areas of operation doubling this year, HCK will need additional support to make sure food, health and hygiene items, books and literature are available for the growing number of children. Included in HCDBM's overall strategy is to expand the current SBM program beyond in a standalone community-based program to other school districts other than Boerne. We are working on the development of a similar church based collaborative program used in the adult program. Our goal is to establish and equip new SBM church partners with consultation and training along with collaborative case management in the near future.

To ensure HCK and Stand By Me programs remain economically feasible, innovative, and sustainable, HCDBM seeks funding from diverse sources, including grants, donations, and in-kind contributions. The Vision Dinner is our major fundraiser to support our core programs. During the year, HCDBM also participates in smaller fundraisers, Giving Tuesday, and the Big Give SA for funding. HCDBM enjoys strong and committed community support both financially, in-kind donations, and volunteerism, which keeps our operating ratio very low.

7: Please provide any other comments of information relevant to this grant.

The effects of poverty can be so much more than just missing a meal. Children who grow up in poverty often start at a disadvantage, lacking self-confidence and with the feeling they have no power to control their circumstances. They are isolated, often grades behind in school, easily swayed to risky behavior that results in teen pregnancy, drug use and have a lower percentage rate for graduation with no plans for continued education. HCDBM unique and effective programs holistically provide the food, resource and support needed for Families and children to gain stability. It is even more important now, COVID19 has added additional stressors to families with distance learning, job loss and lack of access to free school meals. During this unprecedented time and as we continue to see the effects of COVID into next year, The Najim Charitable foundation funding is working to change lives by offsetting the negative consequences of growing up in poverty. Because of you, thousands of children are receiving the food, resources and mentoring relationships needed to gain healthy habits, self-confidence, and social skills where they see they have value in the world and are not defined by poverty.

8: Please provide an updated detailed projected budget with expenses for the received grant. Also include the totals for the budgeted and actual amount. Explain any discrepancies between the budgeted and the actual expenses for the project.

Line Item Description	Total Project Funds Allocation	Najim Requested Funds	Project Funds Actual	Najim Funds Allocation
Administrative Expenses	\$4,425	\$0	\$0	\$0
SBM Programs	\$53,270	\$10,000	\$36,270	\$10,000
Children's Literature	\$5,000	\$5,000	\$5,000	\$5,000
Food	\$50,000	\$40,000	\$60,000	\$40,000
Baby Diapers/Wipes/Hygiene Products	\$20,000	\$20,000	\$20,000	\$20,000
TOTAL:	\$132,695	\$75,000	\$121,270	\$75,000

Signature
 Agnes Hubbard