### **REPORT 2018 April Cycle**

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GENERAL INFORM	IATION			
Organization Informatio	n			
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<b>Application Contact</b>				
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Susan Steves Thompson	Executive Director	grants.avance@avancesa.	(210) 220-1788	
REPORT INFORMA	TION			
Report Funding Cycle:		Report Date:		
2018 April Cycle		07/01/2020 12:00 am		
1: Please include in your funded and what the fund	-	of the funds that were awa	arded, the date they were	
Awarded Amount: 75,000		Date: 07/24/2019		
2: Were the objectives cit	ted in your original propo	sal met? Please address ea	ch started objective and	

how it was met.

Although the final analysis is still being tallied by our third-party evaluator, it appears that we met or exceeded all objectives:

- o 41 men were served in Services to Fathers
- o 318 children were served
- o 85+% of parents increased their knowledge of child growth & development milestones and increased their parenting skills
- o 85+% of parents increased their knowledge and use of social and community supports by advocating for themselves and their children
- o 476 parents increased their level of education, received non-degree certificates or industry-specific certificates, or pursued other career pathways
- o 131 parents enrolled and participated in Caminos al Futuro
- o 73 parents obtained employment at or above 200% of the FPL.
- 3: Please explain any changes from the original proposal and the circumstances that lead to the modification of the objective.

The first several months of our programs were conducted according to plan. 27 parenting classes were taught in person, as well as the majority of Services to Fathers classes. However, with the onslaught of COVID-19, we had to pivot to virtual teaching, delivering supplies via carpool pickups or doorstep deliveries to families without access to transportation, and weekly+ check-ins via phone or Zoom.

In April, AVANCE's Parent Educators transitioned to remotely teaching the PCEP curriculum to parents on a weekly basis via Zoom and with homework via Google Classrooms.

- \* Toymaking Class (virtual) AVANCE provided pre-prepared toymaking materials and instructions for parents to make the educational toys at home. Pre-recorded instructions were provided virtually, as well.
- \* Parent And Child Time (ECE Packets) All parents and their children received PACT early childhood educational activities to make at home. In addition, pre-recorded PACT activities were provided virtually by Child Development teachers.
- \* Family Basic Needs (COVID-19) Centralized Facility Families enrolled in AVANCE's programs received weekly basic needs, including diapers, ointment, wipes, formula, toiletries, gloves, masks, and other household necessities.

#### 4: What needs were addressed?

The Services to Fathers Program (STF) addressed the following needs of the fathers to ensure they were physically and mentally healthy during difficult times and able to support their children and partner:

Mental Health for Fathers - Through STF, fathers learned coping skills to handle the stressors in their lives and create a healthier home environment for their children, including: 1) transportation to/from classes, 2) early childhood education and care for children, 3) nutritional meals for both fathers and children, 4) home visits, 5) referrals to Caminos al Futuro, and 5) case management, as needed.

Motivational Speakers to promote self-esteem and confidence in fathers were provided, as well as on-site, 1:1 counseling services by Dr. Mary Ponce, LPC, owner of ALEVIO Counseling, at no cost. Finally, educational workshops on toxic stress and ACES were provided, to identify possible types of abuse, neglect, and other potentially traumatic experiences that occurred during their childhoods.

Couples Workshops - Fathers and their spouses/significant others attended Anger & Stress Management, Communication, and Domestic Violence workshops to learn how to express emotions in a positive manner and learn how to communicate effectively with their partner.

Caminos al Futuro (formerly known as Career Readiness & Workforce Pathways) - AVANCE's Coordinator of Caminos al Futuro and Career Navigator provided a variety of trainings and educational opportunities to parents through multiple community partnerships.

A total of 237 parents successfully completed the financial literacy classes either in person or virtually.

## 5: What method of evaluation did you use to monitor and measure the project's outcome and what are the result?

AVANCE PCEP & Services to Fathers Program evaluation method -

- 1) AVANCE's Parenting Questionnaire (APQ) is administered to parents at the time of enrollment. The APQ is a series of 20 questions focused on the knowledge of child growth and development and parenting skills, which are emphasized in the 8-week Service to Fathers curriculum. The APQ is administered as a Pre- and Post-assessment.
- 2) AVANCE administers an Exit Questionnaire containing questions related to the social and community support learned and accessed during the program year. Data is collected and submitted along with the Preand Post-APQ.

AVANCE Caminos al Futuro tracking method -

- 1) AVANCE administers an Exit Questionnaire containing questions related to the social and community support learned and accessed during the program year. Data is collected and submitted along with the Preand Post-APQ if the family successfully transitioned to the 9-month parenting classes at AVANCE.
- 2) Ongoing, daily manual input and tracking is conducted by the Caminos al Futuro staff, to include the use of Intake & Enrollment procedures, co-case management meetings with partners, and face to face/virtual advising with parents.

We are delighted to share that for PY2020-2021 - AVANCE will be converting all data collected into Apricots Data Platform to track on-time participant progress, enrollments, demographics, and program measures. The purchase and implementation of this platform was made possible by a personal donation from Mr. Najim.

#### 6: Do you plan to continue this project, and if so, how do you plan to sustain it?

AVANCE-San Antonio plans to continue programming through grant writing efforts. We will continue fostering relationships with long-standing funders such as the City of San Antonio, United Way of San Antonio and Bexar County, USAA, and Valero Energy to assist with our efforts in PCEP, Services to Fathers and Caminos al Futuro. Our goal is to continue educating more families on the benefit of enrolling in AVANCE's parenting classes at the Cortez Family Center (Westside) or Fenley Family Center (Southside). Currently, new efforts are underway to expand our reach all program areas, whether in-person or blended. Also, through a one-time, three-year funding initiative from the San Antonio Area Foundation, AVANCE is providing the Triple P curriculum to families with children birth to 12 years old. Triple P seminars are composed of 90-minutes instruction by an AVANCE accredited Parent Educator teaching the following parenting topics, 1) Raising Resilient Children, 2) Power of Positive Parenting, and 3) Raising Confided Children. Seminars are offered to AVANCE alumni, and the community-at-large in Spanish and English.

#### 7: Please provide any other comments ot information relevant to this grant.

The Najim Family Foundation immensely impacted the lives of 633 parents and children enrolled in PCEP, to include 41 fathers and their 46 children graduating from the Services to Fathers Component! In Program Year 2019-2020, these families developed sustainable family and personal educational goals, further reinforced their love for their children, and built resiliency and sustainability for a lifetime. For many fathers, this was the first time they had an opportunity to build a bond with their children. As a result, these fathers have learned the importance of being their children's first and most important teacher; Moreover, they are now continuing their own personal growth and development through AVANCE's Caminos al Futuro/Pathways to the Future.

Finally, I have emailed Melissa Bauman to reconcile our financials, as the amounts preloaded in the system do not accurately reflect our award amount for last fiscal year or the total costs of our local programs. We will update ASAP!

# 8: Please provide an updated detailed projected budget with expenses for the received grant. Also include the totals for the budgeted and actual amount. Explain any discrepancies between the budgeted and the actual expenses for the project.

Line Item Description	Total Project Funds Allocation	Najim Requested Funds	Project Funds Actual	Najim Funds Allocation
Personnel/Fringe & Benefits	\$301,278	\$39,814	\$73,800	\$45,205
Professional Fees	\$8,571	\$2,303	\$31,090	\$19,795
Membership Dues & Licenses	\$4,558	\$2,553	\$266	\$0
Program Supplies	\$16,527	\$2,000	\$40,816	\$0

TOTAL:	\$350,000	\$50,000	\$175,000	\$75,000
Client Assistance	\$4,865	\$0	\$487	\$0
Staff Development	\$630	\$0	\$15	\$0
Occupancy/Bldg Maintenance	\$1,455	\$0	\$7,782	\$0
Equipment Maintenance	\$750	\$0	\$20,433	\$10,000
Printing	\$900	\$0	\$0	\$0
Transporation & Local Travel	\$6,166	\$1,330	\$311	\$0
Food & Beverage for Program Activity	\$4,300	\$2,000	\$0	\$0

Signature

Susan S. Thompson