

REPORT 2019 July Cycle

GENERAL INFORMATION			
Organization Information			
Legal Name: Alpha Home		Federal Tax ID#: 74-1668144	
Address: PO Box 15440	City: San Antonio	State: Texas	Zip Code: 78212
Website: www.alphahome.org		Fax: (210) 785-3000	
Head Of Organization			
Name: Merideth Erickson		Title: Chief Executive Officer	
E-Mail Address: Merickson@alphahome.org		Phone: (210) 785-3007	
Application Contact			
Name: Amanda Hunt	Title: Development and Marketing Director	E-Mail Address: donate@alphahome.org	Phone: (210) 785-3007
REPORT INFORMATION			
Report Funding Cycle: 2019 July Cycle		Report Date: 06/30/2020 12:00 am	
1: Please include in your report the dollar amount of the funds that were awarded, the date they were funded and what the funds supported.			
Awarded Amount: 40,000		Date: 07/26/2019	
2: Were the objectives cited in your original proposal met? Please address each started objective and how it was met.			
<p>The Parenting Program met its objectives by offering individual parenting support sessions to residential clients who have involvement with the Department of Family and Protective Services or who need additional support since their addiction has greatly impacted their families. The needs addressed in these sessions include giving clients support and validation with their parenting struggles and providing education about child developmental stages, the value of play for children, common behavior issues, and positive discipline techniques. The Parenting Specialist explored with the clients the impact their addiction had on the children in their lives and allowed them to process the shame and guilt they often experience with being separated from their children. In these sessions the Parenting Specialist gathered and documented information regarding the client's children, such as their mental and physical development, and any issues relating to abuse or neglect. If requested by the client, the Parenting Specialist provided referrals including primary pediatric care, early childhood intervention services, substance use disorder prevention services, and other therapeutic interventions that address the children's needs.</p>			
3: Please explain any changes from the original proposal and the circumstances that lead to the modification of the objective.			
There were no substantial changes from the original proposal.			
4: What needs were addressed?			

All of our clients are in need of parenting education and support, whether with interacting with their own children or with other significant young people in their lives that have been impacted by their addition. These young people could be a grandchild, younger sibling, or a niece/nephew, for example. With the help of the Najim Family Foundation, we were able to hire a part-time Parenting Specialist and to purchase supplies for the families in the program. Examples of some of the supplies purchased were diapers, wipes, strollers, toys and clothing.

5: What method of evaluation did you use to monitor and measure the project's outcome and what are the result?

Alpha Home administers two instruments to measure outcomes for clients attending parenting group classes. The first instrument used was the 17-item Parenting Sense of Competence (PSOC) scale, which was originally created in 1979 and is one of the most frequently used tools to measure a parents assessment of their own parenting ability. The second instrument used is a five item parenting survey designed by Alpha Home staff to measure the clients satisfaction with their relationship with their children, their support system, and their parenting confidence, knowledge, and skill level. Both instruments are administered to clients by the Parenting Specialist during the clients first and last parenting group sessions.

6: Do you plan to continue this project, and if so, how do you plan to sustain it?

The Parenting program is a critical component of our mission to help the entire family as they navigate their loves ones' addiction and we do plan on sustaining this program in the long-term. We applied for funding from the Najim Family Foundation to continue supporting this program. We have also applied for governmental funding to help sustain the program. If funding is not available to fully cover the expenses related to this program, we will look for ways to cut expenses without compromising the program's relevance and effectiveness.

7: Please provide any other comments of information relevant to this grant.

N/A

8: Please provide an updated detailed projected budget with expenses for the received grant. Also include the totals for the budgeted and actual amount. Explain any discrepancies between the budgeted and the actual expenses for the project.

Line Item Description	Total Project Funds Allocation	Najim Requested Funds	Project Funds Actual	Najim Funds Allocation
Parenting Specialist Salary (FT)	\$34,320	\$20,000	\$20,000	\$20,000
Residential/Outpatient	\$3,953,458	\$20,000	\$20,000	\$20,000
TOTAL:	\$3,987,778	\$40,000	\$40,000	\$40,000

Signature

Merideth Erickson, PhD